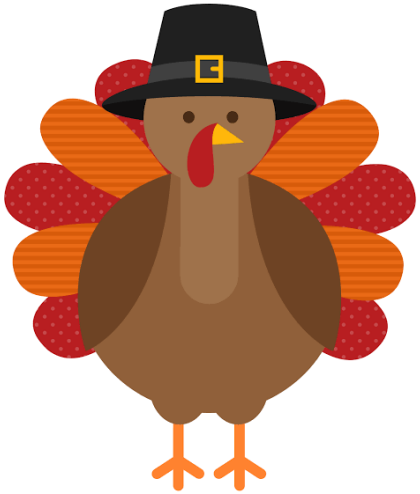
RIVERSIDE
RECREATION THERAPY INFORMER
November 22nd-November 28th, 2026

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, November 23rd
10:00am- Bible Study with Pastor Linda -FLC
1:30pm- Resident Meeting! -RDC
3:00pm- Pie Sampling Social! -RDC *Come help us choose the best pie flavor!*

Tuesday, November 24th *Mitchell Hall Special Breakfast 7:00-9:00am*
10:00am- Chair Yoga with Jane! -RDC
1:30pm- Bingo! -RDC
2:30pm- Manicures -RDC and Room to Room

Wednesday, November 25th
10:00am- Thanksgiving Worship Service with Pastor Linda -FLC
1:00pm- Pumpkin Pie in a Cup Social! -RDC
3:00pm- Riverside Residents' Thankful Board! -RDC *Come socialize & share what you are most thankful for as we begin the holiday season!*



Thursday, November 26th ***Happy Thanksgiving!***
No Rec Therapy Programs Today



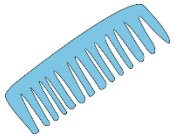
Friday, November 27th
No Worship Service Today
10:00am- 1:1 Visits -Room to Room
1:00pm- The Price Is Right: Black Friday Edition! -RDC

Saturday, November 28th
1:30pm- Bingo! -RDC

Please recycle this packet ☺



Beauty Shop:
Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! ☺

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am
for lunch or after 3:00 pm for supper may potentially
be served last. The earlier the kitchen knows, the more
accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 1

Saturday, November 21st

Lunch: Chicken Alfredo over Noodles, Broccoli, Banana, Cream Cheese Bar, Cheddar Biscuit
Supper: Beef Stew, Grapes, Ice Cream, Dinner Roll

Sunday, November 22nd

Lunch: Marinated Pork Loin, Sweet Potatoes, Peas, Cantaloupe, Cranberry Dessert
Supper: Bean Soup, Tuna Salad Sandwich, Mixed Fruit Salad, Cookie

Monday, November 23rd

Lunch: BBQ Beef Ribs, Steak Fries, Corn, Cottage Cheese, French Silk Dessert
Supper: Homemade Cheeseburger Macaroni Casserole, Beets, Mandarin Oranges, Blueberry Crumb Bar

Tuesday, November 24th

Lunch: Orange Chicken, Fried Rice, Seasoned Green Beans, Pears, Confetti Cake
Supper: Chili, Watermelon, Ice Cream, Cornbread

Wednesday, November 25th

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Cauliflower w/Cheese Sauce, Cucumbers, Cookies & Crème Pie
Supper: Salisbury Steak, Boiled Potatoes w/Gravy, Honey Dew Melon, Blondie Bar

Thursday, November 26th Happy Thanksgiving!

Lunch: Roast Turkey, Dressing & Mashed Potatoes w/Gravy, Green Bean Bake, Cranberry Sauce, Dinner Roll, Pumpkin or Pecan Pie
Supper: Lasagna, Broccoli, Grapes, Chocolate Pudding, Breadstick, Pumpkin Cut Out Cookie

Friday, November 27th

Lunch: Salmon, Baby Red Potatoes, Spinach Bake, Coleslaw, Sherbet
Supper: Beef Noodle Soup, Bologna Sandwich, Fruit Salad, Pumpkin Bar

Lunch		***Supper***	
• Dorset Dining	10:40am - 11:00am	• Dorset Dining Room	4:00pm - 4:20pm
• Mitchell Room Trays	11:05am – 11:20am	• Mitchell Room Trays	4:25pm – 4:50pm
• Mitchell Dining Room	11:30am – 11:50am	• Mitchell Dining Room	5:00pm - 5:20pm