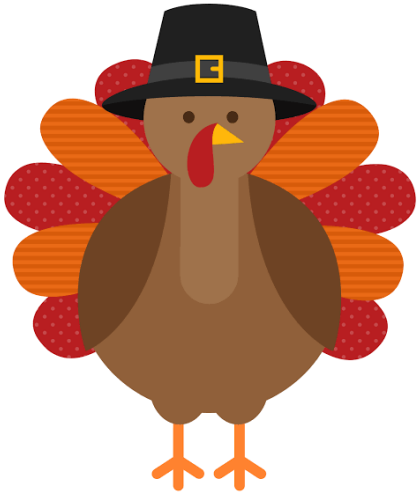
RIVERSIDE
RECREATION THERAPY INFORMER
November 15th-November 21st, 2026

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, November 16th
10:00am- Bible Study with Pastor Linda -FLC
1:00pm- Craft: Pumpkin Pie Garland! -RDC
3:00pm- Autumn Trivia! -RDC

Tuesday, November 17th *600 Hall Special Breakfast 7:00-9:00am*
10:00am- Chair Yoga with Jane! -RDC
1:30pm- Bingo! -RDC
2:30pm- Manicures -RDC and Room to Room

Wednesday, November 18th
10:00am- Coffee & Reading Group! -RDC
1:00pm- Bingo Bucks Store! -RDC
4:15pm- Culver's Eat-In! -RDC ***For those who are signed up****
Charges will appear on resident bill* *Please let staff know if you are interested in participating by 11:00am!



Thursday, November 19th

9:30am- Pet Therapy Visits with Nancy and Ole! –Room to Room
9:40am- Rosary -FLC
10:00am- Mass -FLC
1:30pm- Music Entertainment with Frank Moore! -FLC



Friday, November 20th

10:00am- Worship Service with Pastor Linda -FLC
1:00pm- Monthly Birthday Party! -RDC *Join us in celebrating Riverside's November birthdays!*

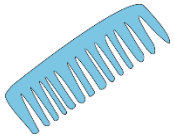
Saturday, November 21st

1:30pm- Bingo! -RDC

Please recycle this packet ☺



Beauty Shop:
Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! ☺

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am
for lunch or after 3:00 pm for supper may potentially
be served last. The earlier the kitchen knows, the more
accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 4

Saturday, November 14th

Lunch: Hungarian Goulash over Egg Noodles, Cauliflower, Lettuce Salad, Banana Crème Pie, Breadstick
Supper: Hot Dog on a Bun, Western Baked Beans, Jell-O Cubes, Tropical Fruit

Sunday, November 15th

Lunch: Glazed Ham, German Potato Salad, Wax Beans, Honey Dew Melon, German Chocolate Cake
Supper: Vegetable Beef Soup, Turkey Salad Sandwich, Pineapple, Cookie

Monday, November 16th

Lunch: Baked Chicken, Risotto, Carrots, Pickled Beets, Sour Cream Raisin Pie
Supper: Stuffed Green Peppers, Mandarin Orange Salad, Sherbet, Dinner Roll

Tuesday, November 17th

Lunch: Spare Ribs, Dumplings w/Gravy, Sauerkraut, Pears, Danish Rice Pudding
Supper: Broccoli Cheese Soup, Ham Salad Sandwich, Strawberry Rhubarb Sauce, Peanut Butter Bar

Wednesday, November 18th

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Vegetable Blend, Garden Salad, Ice Cream
Supper: Sloppy Joes, Macaroni Salad, Baked Apple Slices, Rice Krispie Bar

Thursday, November 19th

Lunch: Pork Loin, Sweet Potatoes, Scalloped Corn, Pickles, Banana Split Dessert
Supper: Chicken Tenders w/Dipping Sauce, French Fries, Watermelon, Tollhouse Bar

Friday, November 20th

Lunch: Baked Fish, Wild Rice, Peas, Tomato Slices, Black Forest Cake
Supper: Chicken Dumpling Soup, Cheese Sandwich, Fruit Cocktail, Vanilla Pudding

Lunch		***Supper***	
• Dorset Dining	10:40am - 11:00am	• Dorset Dining Room	4:00pm - 4:20pm
• Mitchell Room Trays	11:05am – 11:20am	• Mitchell Room Trays	4:25pm – 4:50pm
• Mitchell Dining Room	11:30am – 11:50am	• Mitchell Dining Room	5:00pm - 5:20pm