November 2026

AL/IL/SL Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Happy Daylight Savings!** *Don't forget to have your clock "fall back" an hour!* Daylight Saving Time Ends	2 9:30 Strong Bones-A 11:00 Bingo-2DR **2:00 Card Making Class-AS** 4:00 BYOB Happy Hour-BB/CL*	3 **10:00 Folks @ 10: Eric Strauss-A** 10:00 Knitting-CL* 1:00 Euchre-CL* **2:00 Seated Dancing-A** 3:00 Movie: *Nanny McFee*-T	4 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A **2:00 All Saints Church Service-A** 3:00 Pet Visits-BB 3:30 Knit &Chat-BB*	5 10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: *Bosch: Legacy*-T 3:00 Jeopardy-3CA **6:00 Pet Visits w/ Sadie-BB**	6 9:30 Chair Yoga-A 11:00 Bingo w/ Mallorie-CL **1:30 Joshua Vorvick Music Performance-A**	7 Searching for November Word Puzzle- Building 1 Library 1:00 Movie: *Black Hawk Down*-T
8 **Pumpkin Pie Scavenger Hunt (Nov. 12th-26th)** Turn sheets into Life Enrichment for a prize! Diwali (Hindi)	9 **10:00 Catholic Mass-A** 11:15 Bingo-2DR **2:00 Emplify Health: Patient Education-A** 4:00 BYOB Happy Hour-BB/CL*	10 10:00 Knitting-CL* 1:00 Euchre-CL* **2:00 Veteran's Ceremony-A** 3:00 Movie: *Changing Hearts*-T	11 9:00 Exercise-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A **3:00 Sing Along-CR*** 3:00 Pet Visits-BB 3:30 Knit &Chat-BB* Veterans Day Remembrance Day (Canada)	12 10:00 Bible Study w/ Pastor Mumm-AS* **10:30 Picking Out the Dec. Movies-T** 2:00 TV Series: *Bosch: Legacy*-T 3:00 Jeopardy-3CA	13 9:30 Chair Yoga-A 11:00 Bingo w/ Mallorie-BB **1:15 Bus Trip to Festival Foods-B**	14 Veterans Crossword Puzzle-Building 1 Library 1:00 Movie: *Life of Pi*-T
15 **1:30 Living Word Church Hymnal Sing Along-A** Come join us singing Spiritual Hymns together!	16 9:30 Strong Bones-A 11:00 Bingo w/ Mallorie-2DR 4:00 BYOB Happy Hour-BB/CL*	17 10:00 Knitting-CL* 1:00 Euchre-CL* **1:30 Ryan Herman Music-A** 3:00 Movie: *E.T.*-T **6:00 Book Club-CL**	18 9:00 Strong Bones-A 9:45 Pastor Chat-BB **10:30 Rosary & Communion-A** 2:00 Church-A 3:00 Pet Visits-BB 3:30 Knit &Chat-BB*	19 10:00 Bible Study w/ Pastor Mumm-AS* 1:00 Jeopardy-3CA **2:00 Cam Roberts Bagpipe Music-A** 3:00 TV Series: *Bosch: Legacy*-T **6:00 Sadie Visits-BB**	20 9:30 Chair Yoga-A 11:00 Bingo w/ Mallorie-CL **3:00 Veteran's Get Together-CL***	21 **9am-1pm Annual ECS Holiday Bazaar-A** 1:00 Movie: *Slumdog Millionaire*-T
22 **Take N Make: Green Bean Casserole** *Delivered Monday (11/23) between 3-5pm	23 9:30 Strong Bones-A 11:00 Bingo-2DR **1:30 Jeopardy Vs. EC North-A** 4:00 BYOB Happy Hour-BB/CL*	24 10:00 Knitting-CL* **11:00 Pet Visits w/ Otis-BB** 1:00 Euchre-CL* **2:00 Seated Dancing-A** 3:00 Movie: *The Incredible Burt Wonderstone*-T	25 9:00 Strong Bones-A 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki & Odin-BB **3:00 Vets Movie-T** 3:30 Knit &Chat-BB*	26 **Happy Thanksgiving!** We are SO thankful to all of you for choosing ECS as your home. Make today a great day! Thanksgiving Day (U.S.)	27 9:30 Chair Yoga-A 11:00 Bingo w/ Sam-BB **1:30 Frederick Beseler: Winged Women of WWII-A**	28 Gobble 'Til You Wobble Puzzle-Building 1 Library 1:00 Movie: *The Best Christmas Pageant Ever*-T
29 Reminder that Scrabble is played EVERY Wednesday @ 6:00pm in the Club Lounge!	30 9:30 Strong Bones-A 11:00 Bingo-2DR **1:30 LudyTunes Performance-A** 4:00 BYOB Happy Hour-BB/CL*					

Please turn over for additional information & location keys for programs→

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

· No Sign-up required!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)

- Join our Zoom meeting by entering the meeting ID: 79785075740

- Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins!

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten – Mike P. 12106
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
- Welcome to ECS Group – Shirley D. 15005
- Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
- Sing-Along – Darlene L. 12010
- Hand, Knee, & Foot – Gail M. 14026
- Veteran's Group – Dick D. 15005
- Knit & Chat – Marlie B. 12047
- Hobby Shop – Al S. (307) 250-1371
- Men's Glee Club – Mike P. 12106
- Scrabble – Linda S. 12214

All underlined activities indicate that a sign-up is required! Call 12737 to sign up!

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
- B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
- T: Theater (ECS 1, 2nd floor)
- C: Craft Room (ECS 1, 1st floor)
- AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area
- LE: Life Enrichment

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!