

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Folks @ Ten: Dave Skogen-A 10:00 Knitting-CL* 1:00 Euchre-CL* 3:00 Movie: <i>Alice in Wonderland</i> -T	2 9:00 Exercise-A 9:45 Pastor Chats-BB 10:30 Rosary-A 11:00 Nutrition Session w/ Megan-CL 2:00 Church-A 3:00 Pet Visits-BB 3:30 Knit & Chat-BB*	3 10:00 Bible Study w/ Pastor Mumm-AS* 1:30 Caring Carolers Performance-A 2:30 TV Series: To be Determined-T 3:00 Jeopardy-3CA	4 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Genealogy Presentation-A 3:00 Picking Out the Oct. Movies-T	5 September Crossword Puzzle- Building 1 Library 1:00 Movie: <i>Strike Up the Band</i> -T
6 Back to School Scavenger Hunt (Sept. 1st-11th) Turn sheets into Life Enrichment for a prize!	7 Happy Labor Day! *Life Enrichment off today* 4:00 BYOB Happy Hour-BB/CL* Labor Day	8 10:00 Knitting-CL* 1:00 Euchre-CL* 1:30 DivaTunes Performance-A 3:00 Movie: <i>Song of Lahore</i> -T	9 9:00 Strong Bones-A 9:45 Pastor Chats-BB 10:30 Rosary-A 2:00 Church-A 3:00 Sing Along-CR* No Pet Visits! 3:30 Knit & Chat-BB*	10 10:00 Bible Study w/ Pastor Mumm-AS* 10:30 Holiday Bazaar Vendor Meeting-B 2:00 TV Series: To be Determined-T 3:00 Jeopardy-3CA	11 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Bus Trip to Festival Foods Grocery Store-B Rosh Hashanah Begins	12 Job Search & Solve Puzzle- Building 1 Library 1:00 Movie: <i>The Blind Side</i> -T
13 IL Pendant Clinic (9/15) from 2-4:30pm-Bistro Scrabble is played EVERY Wednesday @ 6:00pm in the Club Lounge! Grandparents Day	14 10:00 Catholic Mass-A 11:15 Bingo-2DR 3:00 Seated Dancing-A 4:00 BYOB Happy Hour-BB/CL*	15 10:00 Knitting-CL* 1:00 Euchre-CL* 1:30 Shari Sarasin Harp Music-A 3:00 Movie: <i>5 Flights Up</i> -T 6:00 Book Club-CL	16 9:00 Strong Bones-A 9:45 Pastor Chats-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki & Odin-BB 3:30 Knit & Chat-BB*	17 10:00 Bible Study w/ Pastor Mumm-AS* 1:00 Painting w/ Mallorie-AS 2:00 TV Series: To be Determined-T 3:00 Jeopardy-3CA	18 (Sam off) 9:30 Chair Yoga-A 11:00 Bingo-BB 1-3pm Big Red Bike Rides-B 3:00 Veteran's Get Together-CL*	19 Golden "Age" Rhyming Puzzle- Building 1 Library 1:00 Movie: <i>The Other Side of Heaven</i> -T Oktobefest Begins
20 1:30 Living Word Church Hymnal Sing Along-A Come join us to sing Spiritual Hymns together! Yom Kippur Begins	21 9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 Oktoberfest Happy Hour-BB Happy Festing!	22 10am & 1pm IL/SL Resident Meetings-A 10:00 Knitting-CL* 1:00 Euchre-CL* 3:00 Movie: <i>Dangerous Beauty</i> -T 6:00 Sadie Visits-BB Autumn Begins	23 9:00 Strong Bones-A 9:45 Pastor Chats-BB 10:30 Rosary & Communion-A 2:00 Church-A 3:00 Pet Visits-BB 3:30 Knit & Chat-BB*	24 7:00 Oktoberfest Senior Breakfast-B 10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: To be Determined-T 3:00 Jeopardy-3CA	25 (Mallorie off) 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Concertina Music with Amy-A 3:00 Jeopardy Vs. EC North-A Sukkot Begins	26 Oktoberfest Word Quilt Puzzle- Building 1 Library 1:00 Movie: <i>The Best Exotic Marigold Hotel</i> -T
27 Take N Make: Apple Crisp *Delivered Monday (9/28) between 3-5pm	28 9:30 Strong Bones-A 11:00 Bingo-2DR 1:30 Interactive Music Circle-A 4:00 BYOB Happy Hour-BB/CL*	29 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Seated Dancing-A 3:00 Movie: <i>The Whales of August</i> -T	30 9:00 Strong Bones-A No Pastor Chat! 10:30 Rosary-A 2:00 Church-A 3:00 Vets Movie-T 3:00 Pet Visits-BB 3:30 Knit & Chat-BB*	 September 2026 AL/IL/SL Activity Calendar		

Please turn over for additional information & location keys for programs→

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

· No Sign-up required!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
- Join our Zoom meeting by entering in the meeting ID: 79785075740
- Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins!

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten – Mike P. 12106
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
- Welcome to ECS Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
- Hand, Knee, & Foot – Gail M. 14026
 - Veteran's Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12047
- Hobby Shop – Al S. (307) 250-1371
- Men's Glee Club – Mike P. 12106
 - Scrabble – Linda S. 12214

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area
 - LE: Life Enrichment

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

**All underlined activities indicate that a sign-up is
required!**

Call 12737 to sign up!