

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Sept 11th : 25 year Anniversary of 9/11 (Watch Histor or Lifetime Channel at 7pm) All activities are in Bld 1 unless marked *otherwise. All activities with * are resident lead		1 10:00 Bingo-A *11:00 Line Dancing-A *1:30 Dominoes-B 3:00 Pet visit w/ Murphy & Friends-L	(Name Tag Day) 2 9:00 Balance & Stretch-A 10:00 Catholic Communion-A 1:30 Genealogy Presentation-A 2:30 Movie: 9-5	**Seated Cardio 3 Exercise Sheet-L 10:00 Church-A 11:00 Crossword-B 1:30 Speaker Alene Keenan - 9/11 Theme-A	4 9:00 Arthritis Ex-A 10:00 Catholic Mass-A *4:00 Happy Hour-CL Bld 2 6:00 Movie: Dave	5 1:00 Open Pool-BL/Open Games-GR Bld 2 2-4 Nail Painting w/ Sophia-BG
6 9:00 Catholic Communion-A 6:00 Movie: <i>Sheep Detectives</i>	(Sam/Donna off) 7 *9:00 Arthritis Ex-A 9:30 Coffee Talk-Bis & CR Bld 2 *10:00 Knit & Stitch-B 1:30 Choir-A 6:00 Movie: <i>Little Women</i> Labor Day	(Donna off) 8 10:00 Bingo-A *1:30 Dominoes-B	(Name Tag Day) 9 *9:00 Arthritis Ex-A 10:00 Cath.Com.A *10:00 Discussion Group-EN 10:30 VR Help-Bld 2 1:30 Entertain: Ludy Live-A	**Walk with a 10 friend or neighbor 10:00 Church-A 11:00 Crossword-B 1:00 Science Club-EN 2:30 Movie: <i>Devil's Wear Prada 2</i>	11 9:00 Arthritis Ex-A 1:00 Elvis Show w/ Anthony Shore-A *4:00 Happy Hour-CL Bld 2 Rosh Hashanah Begins	12 Wacky Word Puzzle-Lib 1:00 Open Pool-BL/Open Games-GR Bld 2
**Assisted Living 3 Week 14th-18th 9:00 Catholic Communion-A 6:00 Movie: <i>How to Lose a Guy in 10 Days</i> Grandparents Day	9:00 Arthritis Ex-A 9:30 Coffee Talk-Bis & CR Bld 2 *10:00 Knit & Stitch-B 2:00 Fitness Help-F-Bld 2 2:30 Pet visit w/ Sully-L 1:30 Choir-A 3:00 Music Jeopardy-A	15 10:00 Music: Truth Spirit Band-A *1:30 Dominoes-B 3:00 Bingo with a twist-A	(Name Tag Day) 16 9:00 Balance & Stretch-A 1:30 Entertain: Prairie Smoke-A	**Balance w/ 17 Friend sheet-L 10:00 Church-A 11:00 Crossword-B 3:00 Disco Social-Bistro	** 1960's Music 18 Trivia-Library 9:00 Arthritis Ex-A *2:30 Book Club-B *4:00 Happy Hour-CL Bld 2 6:00 Movie: <i>Naked Gun</i>	19 **Walk to End Alzheimer's-Riverside Park-walk starts at 10am 1:00 Open Pool-BL/Open Games-GR Bld 2 Oktoberfest Begins
20 9:00 Catholic Communion-A 6:00 Movie: <i>Dolphin Tale</i> Yom Kippur Begins	21 9:00 Arthritis Ex-A 9:30 Coffee Talk-Bis & CR Bld 2 *10:00 Knit & Stitch-B 1:30 Choir-A 3:00 VR Room Help-Basketball	22 10:00 Bingo-A 11:00 Line Dancing-A *1:30 Dominoes-B 2:30 Movie: <i>Music of the Heart</i> Autumn Begins	(Name Tag Day) 23 9:00 Balance & Stretch-A 10:00 Catholic Communion-A	24 **Exercise Bingo Sheet-L 10:00 Church-A 11:00 Crossword-B 7:15 Packers vs Falcons-Theater	25 9:00 Arthritis Ex-A *4:00 Happy Hour-CL Bld 2 6:00 Movie: <i>The Founder</i> Sukkot Begins	Oktoberfest 26 Puzzle-Lib 10:00 Maple Leaf Parade-Channel 6 1:00 Open Pool-BL/Open Games-GR Bld 2
27 9:00 Catholic Communion-A 6:00 Movie: <i>Queen Bee's</i>	28 9:00 Arthritis Ex-A 9:30 Coffee Talk-Bis & CR Bld 2 *10:00 Knit & Stitch-B 1:30 Choir-A 2:30 Pet visit w/ Sully-L	29 10:00 Bingo-A 11:00 Line Dancing-A 11:45 Topsy Tuesday- DR *1:30 Dominoes-B	30 9:00 Balance & Stretch-A 10:00 Catholic Communion-A 11:00 Beginner Line Dancing-A	 September 2026 Eagle Crest North Senior Living Calendar		

If you have any questions, please contact Donna Brogan at 608-779-1713 or dmbrogan@eaglecrestlife.org