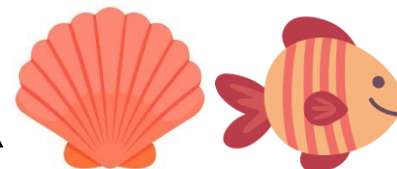




RIVERSIDE RECREATION THERAPY INFORMER



August 23rd-August 29th, 2026

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, August 24th

10:00am- Bible Study with Chaplain Kathy -FLC

1:00pm- Bowling! -RDC

3:00pm- Game: America Says! -RDC

Tuesday, August 25th *Mitchell Hall Special Breakfast 7:00-9:00am*

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

Wednesday, August 26th

10:00am- Coffee & Reading Group! -RDC

1:00pm- Outdoor Visits & Popsicles! -Courtyard *Weather Permitting*

2:30pm- Pet Therapy Visits with Sue and Curly! -Room to Room

3:00pm- Sprouting Connection #8! (Final Session) -RDC



Thursday, August 27th

9:30am- Pet Therapy Visits with Nancy and Ole! –Room to Room

9:40am- Rosary -FLC

10:00am- Mass -FLC

1:00pm- Craft: Suncatchers! -RDC

3:00pm- 1:1 Visits -Room to Room



Friday, August 28th *Jocelyn's Last Day!*

10:00am- Worship Service with Pastor Linda -FLC

1:00pm- Farewell Social for Jocelyn! -RDC *Join us for a treat as we say farewell to our Summer Rec Therapy Intern, Jocelyn!*

Saturday, August 29th

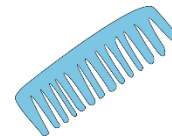
No Bingo Today

Please recycle this packet 😊



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

Euchre will take place in the RDC @2:30pm every Tuesday afternoon: if you'd like to join/learn, we'd love to add members to our group!

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

YOU ARE INVITED TO AN

END OF SUMMER FAMILY PARTY

Join us for food, games, music, and more!

We will also be selling Root Beer Floats to
fundraise for our Riverside Remodel!

 **Thursday, September 3rd**
From 5:00pm-7:00pm

 **Riverside Faith and Life
Center**

**RSVP to Miranda at mrushlow@eaglecrestlife.org
or 608-406-3939 by Monday, August 31st.**

Please note, only one invitation is sent per family.



MENU- Week 2

Saturday, August 22nd

Lunch: Glorified Pork Chop, Boiled Potatoes, Spinach, Lettuce Salad, Carrot Cake

Supper: Turkey Ala King over Baking Powder Biscuit, Peas, Banana, Chocolate Almond Dessert

Sunday, August 23rd

Lunch: Orange Chicken, Fried Rice, Seasoned Green Beans, Pineapple, Ice Cream

Supper: Broccoli Cheese Soup, Ham Sandwich, Strawberries, Cookie

Monday, August 24th

Lunch: Beef Stew, Dumplings, Cottage Cheese, Peach Pie, Fresh Baked Bun

Supper: Chili Dogs, Potato Salad, Fruit Cocktail, Banana Bar

Tuesday, August 25th

Lunch: Pork Roast, Mashed Potatoes w/Gravy, Squash, Deviled Egg, Apple Crisp

Supper: French Toast Sticks w/Maple Syrup, Bacon, Cantaloupe, Fudge Oat Bar

Wednesday, August 26th

Lunch: Roast Turkey, Cheesy Hash Browns, Western Baked Beans, Fruited Jell-O, Pumpkin Dessert

Supper: Pesto Chicken Pasta w/Spinach, Hawaiian Fruit Salad, Scotcheroo, Variety Bread

Thursday, August 27th

Lunch: Salisbury Steak, Boiled Potatoes, Stewed Tomatoes, Marinated Carrot Salad, Strawberry Pie

Supper: BBQ Pork on a Bun, French Fries, Pears, Lemonade Dessert

Friday, August 28th

Lunch: Shrimp Scampi, Sour Cream & Chive Potatoes, Mixed Veggies, Banana, Sherbet

Supper: Vegetable Beef Barley Soup, Egg Salad Sandwich, Watermelon, Pistachio Pudding

Lunch

Supper

- | | | | |
|------------------------|-------------------|------------------------|-----------------|
| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |