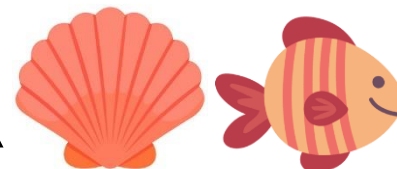




RIVERSIDE RECREATION THERAPY INFORMER



August 2nd-August 8th, 2026

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, August 3rd

- 10:00am- Bible Study with Pastor Linda -FLC
- 1:00pm- Card Game: Uno! -RDC
- 3:00pm- Sprouting Connection: Session #5! -RDC

Tuesday, August 4th

- 10:00am- Chair Yoga with Jane! -RDC
- 1:30pm- Bingo! -RDC
- 2:30pm- Manicures -RDC and Room to Room

Wednesday, August 5th

- 10:00am- Coffee & Reading Group! -RDC
- 1:00pm- Bingo Bucks Store! -RDC
- 2:30pm- Pet Therapy Visits with Sue and Curly! -Room to Room
- 4:15pm- Pizza Eat-In! -RDC ***For those signed up* *Charges will appear on resident bill* *Please let staff know if you are interested by 11:00am!***



Thursday, August 6th *National Rootbeer Float Day!*

9:30am- Pet Therapy Visits with Nancy and Ole! –Room to Room

9:40am- Rosary -FLC

10:00am- **No Mass Today-Communion Service Only**

1:00pm- Rootbeer Float Social! -RDC

3:00pm- 1:1 Visits -Room to Room



Friday, August 7th

10:00am- Worship Service with Pastor Linda -FLC

12:30pm- Pontoon Ride! ***For those signed up* *Weather Permitting***

Saturday, August 8th

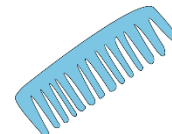
1:30pm- Bingo! -RDC

Please recycle this packet 😊



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

Euchre will take place in the RDC @2:30pm every Tuesday afternoon: if you'd like to join/learn, we'd love to add members to our group!

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 3

Saturday, August 1st

Lunch: Breaded Pork Steak, Sweet Potatoes, Peas, Pineapple w/Cottage Cheese, Bread Pudding

Supper: Chicken Tenders w/Dipping Sauce, Jo Jo Fries, Honey Dew Melon, Cookie

Sunday, August 2nd

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Rutabagas, Cucumber Salad, Oreo Cheesecake

Supper: Sloppy Joe on a Bun, Macaroni Salad, Mixed Fruit Salad, Ice Cream

Monday, August 3rd

Lunch: Meatloaf, Scalloped Potatoes, Harvard Beets, Lettuce Salad, Blueberry Crumb Bar

Supper: Chicken Noodle Soup, Tuna Salad Sandwich, Grapes, Danish Rice Pudding

Tuesday, August 4th

Lunch: BBQ Chicken, Steak Fries, Corn, Coleslaw, Apple Dump Cake

Supper: Cheesy Ham & Potato Bake, Peas, Peaches, Rice Krispie Bar

Wednesday, August 5th

Lunch: Tenderloin, Baked Potato, Veggie Blend, Banana, Cookies & Crème Pie

Supper: Hamburger Hash, Green Beans, Baked Apple Slices, Walnut Bar

Thursday, August 6th

Lunch: Chicken Stir Fry over Rice, Watermelon, Ice Cream, Homemade Bread

Supper: Beer Cheese Soup, Summer Sausage Sandwich, Tomato Slices, Mandarin Orange Cake

Friday, August 7th

Lunch: Crunch Top Fish, Baby Red Potatoes, Wax Beans, Chinese Veggie Salad, Lemon Bar

Supper: Biscuits w/Sausage Gravy, Scrambled Eggs, Strawberries, Cookie

Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm