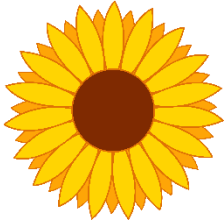
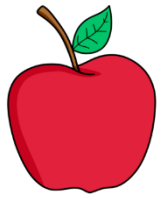
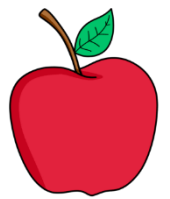
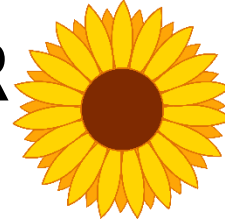


RIVERSIDE



RECREATION THERAPY INFORMER

August 30th-September 5th, 2026



RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, August 31st

10:00am- Bible Study with Pastor Linda -FLC

1:00pm- Game: Yahtzee! -RDC

Tuesday, September 1st

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

Wednesday, September 2nd

10:00am- Coffee & Reading Group! -RDC

1:00pm- Harp Music with Shari Sarazin! -RDC

2:30pm- Pet Therapy Visits with Sue and Curly! -Room to Room

3:00pm- Bird Watching Club: Bird Jeopardy! -RDC



Thursday, September 3rd

9:30am- Pet Therapy Visits with Nancy and Ole! –Room to Room

9:40am- Rosary -FLC

10:00am- Mass -FLC

1:00pm- Painted Sunflower Art! -RDC

5:00pm- End of Summer Family Party! *Join us for food, games, music, & more!* ***For more details, please look at flier attached below!***



Friday, September 4th

10:00am- Worship Service with Pastor Linda -FLC

1:00pm- Travelogue: The Everglades! *Join to learn about the Florida Everglades* -RDC

Saturday, September 5th

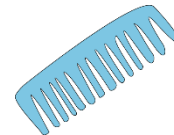
1:30pm- Bingo! -RDC

Please recycle this packet 😊



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

Euchre will take place in the RDC @2:30pm every Tuesday afternoon: if you'd like to join/learn, we'd love to add members to our group!

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

YOU ARE INVITED TO AN

END OF SUMMER FAMILY PARTY

Join us for food, games, music, and more!

We will also be selling Root Beer Floats to
fundraise for our Riverside Remodel!

 **Thursday, September 3rd**
From 5:00pm-7:00pm

 **Riverside Faith and Life
Center**

**RSVP to Miranda at mrushlow@eaglecrestlife.org
or 608-406-3939 by Monday, August 31st.**

Please note, only one invitation is sent per family.



MENU- Week 3

Saturday, August 29th

Lunch: Breaded Pork Steak, Sweet Potatoes, Peas, Pineapple w/Cottage Cheese, Bread Pudding

Supper: Chicken Tenders w/Dipping Sauce, Jo Jo Fries, Honey Dew Melon, Cookie

Sunday, August 30th

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Rutabagas, Cucumber Salad, Oreo Cheesecake

Supper: Sloppy Joes on a Bun, Macaroni Salad, Mixed Fruit Salad, Ice Cream

Monday, August 31st

Lunch: Meatloaf, Scalloped Potatoes, Harvard Beets, Lettuce Salad, Blueberry Crumb Bar

Supper: Chicken Noodle Soup, Tuna Salad Sandwich, Grapes, Danish Rice Pudding

Tuesday, September 1st

Lunch: BBQ Chicken, Steak Fries, Corn, Coleslaw, Apple Dump Cake

Supper: Cheesy Ham & Potato Bake, Peas, Peaches, Rice Krispie Bar

Wednesday, September 2nd

Lunch: Tenderloin, Baked Potato, Veggie Blend, Banana, Cookies & Crème Pie

Supper: Hamburger Hash, Green Beans, Baked Apple Slices, Walnut Bar

Thursday, September 3rd

Lunch: Chicken Stir Fry over Rice, Watermelon, Ice Cream, Homemade Bread

Supper: Bratwurst w/Kraut, Baked Beans, Tropical Fruit Salad, Cupcake

Friday, September 4th

Lunch: Crunch Top Haddock, Baby Red Potatoes, Wax Beans, Chinese Vegetable Salad, Lemon Bar

Supper: Biscuits and Gravy, Scrambled Eggs, Strawberries, Cookie

Lunch

Supper

- | | | | |
|------------------------|-------------------|------------------------|-----------------|
| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |