



RIVERSIDE RECREATION THERAPY INFORMER

July 19th-July 25th, 2026



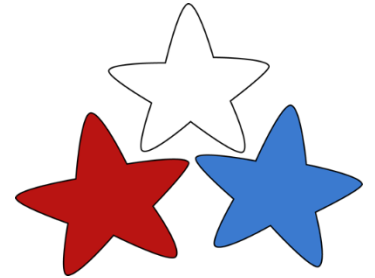
RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, July 20th

10:00am- Bible Study with Pastor Linda -FLC

1:00pm- Craft: Ocean Scratch Art! -RDC

3:00pm- Bowling! -RDC



Tuesday, July 21st 600 Hall Special Breakfast 7:00-9:00am

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room



Wednesday, July 22nd Voter Registration Due Today @1:00pm!

10:00am- Coffee & Reading Group! -RDC

1:30pm- Resident Meeting & Treat! -RDC

2:30pm- Pet Therapy Visits with Sue and Curly! -Room to Room

3:00pm- Sprouting Connection: Session #3! -RDC



Thursday, July 23rd

9:30am- Pet Therapy Visits with Nancy and Ole! –Room to Room

9:45am- Rosary -FLC

10:00am- Mass -FLC

1:30pm- Music Entertainment with Frank Moore! -FLC

Friday, July 24th

10:00am- Worship Service with Pastor Linda -FLC

1:00pm- Craft: Paper Mosaics! -RDC



Saturday, July 25th

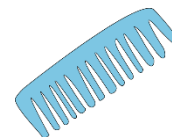
No Bingo Today

Please recycle this packet ☺



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! ☺

Euchre will take place in the RDC @2:30pm every Tuesday afternoon: if you'd like to join/learn, we'd love to add members to our group!

Voter Registration is due by July 22nd at 1:00pm! Please let staff know if you are interested or call the Rec Therapy Dept at 63916

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 1

Saturday, July 18th

Lunch: Brat w/Kraut on a Bun, German Potato Salad, Baked Beans, Lemon Jell-O, Cherry Dump Cake

Supper: Macaroni & Cheese, Beets, Cantaloupe, Ice Cream

Sunday, July 19th

Lunch: Baked Ham, Sweet Potatoes, Veggie Blend, Lettuce Salad, Strawberry Dessert

Supper: Tomato Soup, Grilled Cheese Sandwich, Fruit Cocktail, Chocolate Butterscotch Dessert

Monday, July 20th

Lunch: Baked Turkey, Dressing w/Gravy, Squash, Cranberry Sauce, Lemon Meringue Pie

Supper: Goulash, Broccoli, Pears, Cookie

Tuesday, July 21st

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Corn, Cucumber Salad, Tapioca Pudding

Supper: Chicken Salad Plate, Honey Dew Melon, Ice Cream, Variety Bread

Wednesday, July 22nd

Lunch: Spare Ribs, Sauerkraut, Dumplings w/Gravy, Three Bean Salad, Texas Sheet Cake

Supper: Cream of Mushroom Soup, Bologna Sandwich, Mandarin Oranges, Jell-O Cake

Thursday, July 23^d

Lunch: Hamburger Stroganoff over Noodles, Glazed Carrots, Lime Jell-O

Supper: Omelet Supreme, Hash Browns, Grapes, Vanilla Pudding

Friday, July 24th

Lunch: Batter Fried Fish, French Fries, Cauliflower, Coleslaw, Fruit Pizza

Supper: Chili, Watermelon, Mint Chocolate Chip Ice Cream, Cornbread

Lunch

Supper

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|------------------------|-------------------|------------------------|-----------------|
| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |