

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

AL/IL/SL Activity Calendar

<p style="text-align: right;">5</p> <p style="text-align: center;">July 4th Scavenger Hunt (July 4th-10th) Turn sheets into Life Enrichment for a prize!</p>	<p style="text-align: right;">6</p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 Fourth of July Happy Hour-CL (drinks & snacks provided by LE)</p>	<p style="text-align: right;">7</p> <p>10:00 Knitting-CL* 1:00 Euchre-CL* 3:00 Movie: <i>Wild Oats</i>-T *Go on a walk with a friend today!</p>	<p style="text-align: right;">8</p> <p>9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits-BB 3:00 Sing Along-CR* 3:30 Knit & Chat-BB* <small>Canada Day</small></p>	<p style="text-align: right;">9</p> <p>10:00 Bible Study w/ Pastor Mumm-AS* 1:00 Seated Dancing-A 2:00 TV Series: <i>Sweet Magnolias</i>-T 3:00 Jeopardy-3CA 6:00 Pet Visits w/ Sadie-BB</p>	<p style="text-align: right;">10</p> <p>9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Bill & Dave's Acoustic Duo Music Performance-A</p>	<p style="text-align: right;">11</p> <p>Happy 250th Independence Day! Fourth of July Search & Solve Puzzle- Building 1 Library <small>Independence Day (U.S.)</small></p> <p>July Crossword Puzzle- Building 1 Library 1:00 Movie: <i>Yankee Doodle Dandy</i>-T</p>
<p style="text-align: right;">12</p> <p>*Scrabble is played EVERY Wednesday @ 6:00pm in the Club Lounge!* Come join us!</p>	<p style="text-align: right;">13</p> <p>10:00 Catholic Mass-A 11:15 Bingo-2DR 2-4pm Alz. Sundae Fundraiser-B 4:00 BYOB Happy Hour-BB/CL*</p>	<p style="text-align: right;">14</p> <p>10:00 Truth & Spirit Band-A 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Seated Dancing-A 3:00 Movie: <i>Two Bits & Pepper</i>-T <small>Bastille Day</small></p>	<p style="text-align: right;">15</p> <p>9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pineapple Nightlight Craft-AS 3:30 Knit & Chat-BB*</p>	<p style="text-align: right;">16</p> <p>10:00 Bible Study w/ Pastor Mumm-AS* 10:30-12 Voting Question Booth-BB 2:00 TV Series: <i>Sweet Magnolias</i>-T 3:00 Jeopardy-3CA</p>	<p style="text-align: right;">17</p> <p>9:30 Chair Yoga-A 10:15 Alz. Basket Winners Drawing-BB 11:00 Bingo-CL 1:30 Tom Conrad Performance-A 3:00 Veteran's Get Together-CL*</p>	<p style="text-align: right;">18</p> <p>Mixed Up Ice Cream Flavors Word Puzzle- Building 1 Library 1:00 Movie: <i>Battleground</i>-T</p>
<p style="text-align: right;">19</p> <p>1:30 Living Word Church Hymnal Sing Along-A Come join us in singing Spiritual Hymns together!</p>	<p style="text-align: right;">20</p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*</p>	<p style="text-align: right;">21</p> <p>10:00 Knitting-CL* 1:00 Euchre-CL* 1:30 Ryan Howe Piano Music-A 3:00 Movie: <i>"Who's Minding the Store?"</i>-T</p>	<p style="text-align: right;">22</p> <p>9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary & Communion-A 2:00 Church-A 3:00 Pet Visits-BB 3:30 Knit & Chat-BB*</p>	<p style="text-align: right;">23</p> <p>10:00 Bible Study-AS* 10:30 Fredrickson Presentation-A 1:00 Line Dancing-A 2:00 TV Series: <i>Sweet Magnolias</i>-T 3:00 Jeopardy-3CA</p>	<p style="text-align: right;">24</p> <p>*Ireland's last day @ ECS @ 9:30 Chair Yoga-A 11:00 Bingo-BB 12:45 La Crosse Queen Boat Cruise-B *Call 12737 to sign up</p>	<p style="text-align: right;">25</p> <p>Searching for July Word Search Puzzle- Building 1 Library 1:00 Movie: <i>The Journey of Natty Grann</i>-T</p>
<p style="text-align: right;">26</p> <p>Take N Make: Mac N' Cheese in a Mug *Delivered Monday (7/27) between 3-5pm</p>	<p style="text-align: right;">27</p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR 3:00 Pet Visits w/ Piper & Keeley-BB 4:00 BYOB Happy Hour-BB/CL*</p>	<p style="text-align: right;">28</p> <p>10:00 Knitting-CL* 12-4pm Absentee Voting-A 1:00 Euchre-CL* 3:00 Movie: <i>March of the Penguins</i>-T</p>	<p style="text-align: right;">29</p> <p>9:00 Strong Bones-A 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits-BB 3:00 Veterans Movie-T 3:30 Knit & Chat-BB*</p>	<p style="text-align: right;">30</p> <p>10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>Sweet Magnolias</i>-T 3:00 Jeopardy Vs. EC North-A 6:00 Pet Visits w/ Sadie-BB</p>	<p style="text-align: right;">31</p> <p>9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 7-Rivers Jazz Band Music Performance-A</p>	

Please turn over for additional information & location keys for programs →

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

· No Sign-up required!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins!

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten – Mike P. 12106
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
- Welcome to ECS Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
- Hand, Knee, & Foot – Gail M. 14026
 - Veteran’s Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12047
- Hobby Shop – Al S. (307) 250-1371
- Men’s Glee Club – Mike P. 12106
 - Scrabble – Linda S. 12214

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area
 - LE: Life Enrichment

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!

Call 12737 to sign up!