



Understanding the Costs:

SENIOR LIVING VS. STAYING AT HOME

Making a move is a big decision, and understanding the costs is an important part of the process. This worksheet provides a helpful overview of the bundled services and expenses commonly offered by senior living communities. Please note that offerings vary by lifestyle option and community, and we encourage you to connect with each community to confirm current rates and included services.

MONTHLY EXPENSE BREAKDOWN

COST OF LIVING

Mortgage or Rent

\$ _____

Property Taxes

\$ _____

Groceries

\$ _____

Maintenance of Home

\$ _____

(ex: new roof, plumbing, repairs, etc)

Lawn/Landscape Maintenance

\$ _____

(ex: mowing, snow/leaf removal, gutters, etc)

UTILITIES

Gas/Propane for Home

\$ _____

Electricity

\$ _____

Cable TV

\$ _____

Internet/Wi-Fi

\$ _____

Water/Sewer

\$ _____

Garbage Pickup

\$ _____

Heating/Air Conditioning

\$ _____

Appliances & Servicing

\$ _____

(ex: dishwasher, stove, washer/dryer, etc)

MISC. EXPENSES

Health/Fitness Programs/Fitness Center

\$ _____

Entertainment, Concerts, Movies

\$ _____

Monitoring Systems

\$ _____

(24-hr security & fire protection)

24-hour Emergency Response System

\$ _____

Total Monthly Expenses

\$ _____

x12 Months per year

\$ _____

Total Yearly Expenses

\$ _____

COMMUNITY EXPENSES

\$ _____

\$ Included

\$ Dining Services Available

\$ Included

\$ Included

\$ Included

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\$ Varies by Lifestyle