



RIVERSIDE RECREATION THERAPY INFORMER

June 21st-27th, 2026

RDC=Recreation Dining Center
FLC=Faith and Life Center



Sunday, June 21st *Happy Father's Day!*

Monday, June 22nd

10:00am- Bible Study with Pastor Linda - FLC

1:00pm- Father's Day Social - RDC

3:00pm- Therapeutic Gardening Informational Meeting with Jocelyn! - RDC



Tuesday, June 23rd **600 Hall Special Breakfast**

10:00am- Chair Yoga with Jane! - RDC

1:30pm- Bingo! - RDC

2:30pm- Manicures - RDC and Room to Room



Wednesday, June 24th

10:00am- Coffee & Reading Group! - RDC

1:00pm- Harp Music with Shari Sarazin - FLC

2:30pm- Pet Therapy Visits with Sue and Curly! - Room to Room

2:00pm- Resident Meeting -RDC



Thursday, June 25th

9:30am- Pet Therapy Visits with Nancy and Ole! - Room to Room

9:45am- Rosary - FLC

10:00am- Mass - FLC

1:00pm- Make Your Own Fruit Pizza! - RDC

3:00pm- Bird Club- Courtyard (Weather Permitting)

Friday, June 26th

10:00am- Worship Service with Pastor Linda - FLC

1:00pm- Craft: Paint Your Own Garden Stake - RDC

3:00pm- Game: Name 3! - RDC

Saturday, June 27th

1:30pm- Bingo! -RDC

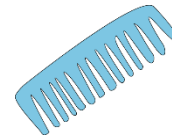


Please recycle this packet ☺



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! ☺

Euchre will take place in the RDC @ 2:30pm every Tuesday afternoon: if you'd like to join/learn, we'd love to add members to our group!

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings