



June 23, 2026

"Known by God"

Matthew 10:24-33

Have you ever noticed how many things we forget as we get older? We walk into a room and can't remember why. We misplace our glasses only to discover they were on our head all along. We struggle to recall a name that once came so easily.

Memory can be a inconsistent thing.

Yet in this week's Gospel, Jesus reminds us of something remarkable: even when we forget things, God never forgets us.

Jesus says, *"Even the hairs of your head are all counted."* That's an extraordinary image. Most of us have never tried to count the hairs on our heads! In fact, most of us don't spend much time thinking about our hair at all. But Jesus uses this image to make a point: God's knowledge of us is complete. God's attention to us is personal. God's love for us is detailed and intimate.

Think about that for a moment. The God who created the stars and galaxies also knows you by name. God knows your story. God knows the people you miss and the memories you treasure. God knows the joys that make you smile and the worries that keep you awake at night.

There are times when we may feel forgotten.

Perhaps family lives far away. Perhaps friends have passed on. Perhaps our roles have changed from what they once were. But our value has not changed.

Jesus says, "*Do not be afraid.*" Those words appear again and again throughout Scripture because God knows how easily fear can find its way into our hearts. The answer to fear is not pretending everything is fine. The answer is remembering that we belong to God.

You are a beloved child of God, known completely and loved completely.

And because you are known by God, you never have to wonder whether you matter.

You do.

Prayer

Gracious God, thank you for knowing us completely and loving us faithfully. When we feel forgotten or afraid, remind us that we are your beloved children. Help us trust in your presence and your care each day. Through Christ our Lord. Amen.

In Christ's Love,
Pastor Linda

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