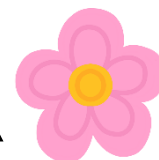




RIVERSIDE

RECREATION THERAPY INFORMER



May 17th-May 23rd, 2026

RDC=Recreation Dining Center
FLC=Faith and Life Center



Monday, May 18th

10:00am- Bible Study with Pastor Linda –FLC

1:00pm- Resident Meeting & Treat! -RDC

3:00pm- Meet & Greet with Jocelyn! -RDC *Join us in welcoming our summer intern, Jocelyn, with a fun getting-to-know-you game!*



Tuesday, May 19th 600 Hall Special Breakfast 7:00-9:00am

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room



Wednesday, May 20th

1:00pm- Game of Choice! -RDC

2:30pm- Pet Therapy Visits with Sue and Curly! –Room to Room



Thursday, May 21st

9:30am- Pet Therapy Visits with Nancy and Walley! –Room to Room

9:45am- Rosary -FLC

10:00am- Mass -FLC

1:00pm- Music Entertainment with Frank Moore! -FLC



Friday, May 22nd

10:00am- Worship Service with Pastor Linda -FLC

1:00pm- Wheel of Fortune: Familiar Phrases Edition! -RDC

Saturday, May 23rd

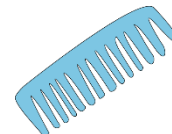
No Bingo Today

Please recycle this packet 😊



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

Euchre will take place in the RDC @2:30pm every Tuesday afternoon (pending enough players): if you'd like to join/learn, we'd love to add members to our group!

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 4

Saturday, May 16th

Lunch: Swedish Meatballs, Boiled Potatoes with Gravy, Broccoli, Cottage Cheese, Cherry Dessert

Supper: Open Face Turkey and Gravy on a Bun, Carrots, Cranberries, Butterscotch Pudding

Sunday, May 17th

Lunch: Pork Roast, Mashed Potatoes and Gravy, Baked Beans, Seven Layer Salad, Tiramisu

Supper: Minestrone Soup, Cheese Sandwich, Pear Sauce, Ice Cream

Monday, May 18th

Lunch: Cheeseburger on a Bun, Seasoned Steak Fries, Pickle, Tomato Slices, Peach Cobbler

Supper: Beef Chop Suey over Rice, Pineapple, Cookie, Everything Bread with Butter

Tuesday, May 19th

Lunch: Baked Chicken, Dressing with Gravy, Squash, Cranberries, Apple Pie

Supper: Hot Dog on a Bun, Potato Chips, Honey Dew Melon, Pumpkin Cake

Wednesday, May 20th

Lunch: Spaghetti with Meat Sauce, Cauliflower, Fruit Cup, Rhubarb Cake, Garlic Toast

Supper: Breakfast Casserole with Sausage and Bacon, Watermelon, Angel Dessert, Blueberry Muffin

Thursday, May 21th

Lunch: Beef Short Ribs, Boiled Potatoes with Gravy, Cabbage AuGratin, Cucumbers, Blueberry Cheesecake

Supper: Potato Chowder, Ham Salad Sandwich, Banana Half, Blondie Bar

Friday, May 22th

Lunch: Baked Fish, Baked Potato, Vegetable Blend, Peaches, Caramel Brownie

Supper: Chicken Cordon Bleu, Wild Rice, Applesauce, Vanilla Pudding

Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm