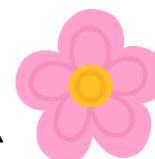




# RIVERSIDE

## RECREATION THERAPY INFORMER



May 10<sup>th</sup>-May 16<sup>th</sup>, 2026

RDC=Recreation Dining Center  
FLC=Faith and Life Center



***Happy National Nursing Home Week!***

**Monday, May 11<sup>th</sup> Sports Day**

10:00am- Bible Study with Pastor Linda –FLC

1:00pm- Mother's Day Social! -RDC *Join us in celebrating all mothers/motherly figures!*

3:00pm- Whiteboard Word Puzzles! -RDC

**Tuesday, May 12<sup>th</sup> Favorite Character Day**

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

**Wednesday, May 13<sup>th</sup> Wacky Wednesday**

10:00am- Coffee & Reading Group -RDC

1:30pm- Bluff Country Snakes Event! -FLC *Join us for a special event featuring live snakes & an educational presentation!*

2:30pm- Pet Therapy Visits with Sue and Curly! –Room to Room



**Thursday, May 14<sup>th</sup> *Hip Hop vs. Country Day***

9:30am- Pet Therapy Visits with Nancy and Walley! –Room to Room

9:45am- Rosary -FLC

10:00am- Mass -FLC

1:00pm- Craft: Coffee Filter Butterflies! -RDC



**Friday, May 15<sup>th</sup> *Floral Friday***

10:00am- Worship Service with Pastor Linda -FLC

1:30pm- Piano Music with Angela! -FLC

**Saturday, May 16<sup>th</sup> *Hat Day***

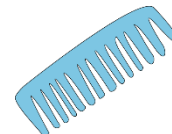
**No Bingo Today**

*\*Please recycle this packet 😊\**



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

**Euchre will take place in the RDC @2:30pm every Tuesday afternoon (pending enough players): if you'd like to join/learn, we'd love to add members to our group!**

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

**All programs are subject to change**

# LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich  
Grilled Cheese Sandwich  
Boneless Chicken Breast  
Hamburger on a Bun  
Hot Dog on a Bun  
Cold Cheese Sandwich  
Peanut Butter & Jelly Sandwich  
Poached, Fried, Hard Boiled or Scrambled Egg  
Varied Meat or Meat Salad Sandwich  
Soups – Tomato, Chicken Noodle, Broth  
Chef's Salad  
Chicken Caesar Salad  
Baked Potato with toppings

## MENU- Week 3

### Saturday, May 9th

Lunch: Breaded Pork Steak, Sweet Potatoes, Peas, Pineapple with Cottage Cheese, Bread Pudding

Supper: Chicken Tenders with Dipping Sauce, Jo Jo Fries, Honey Dew Melon, Cookie

### Sunday, May 10th

Lunch: Beef Roast, Mashed Potatoes with Gravy, Rutabagas, Cucumbers, Oreo Cheesecake

Supper: Sloppy Joe on a Bun, Macaroni Salad, Mixed Fruit, Ice Cream

### Monday, May 11th

Lunch: Meatloaf, Scalloped Potatoes, Harvard Beets, Lettuce Salad, Blueberry Crumb Bar

Supper: Chicken Noodle Soup, Tuna Salad Sandwich, Grapes, Danish Rice Pudding

### Tuesday, May 12th

Lunch: BBQ Chicken, Steak Fries, Corn, Coleslaw, Apple Dump Cake

Supper: Cheesy Ham and Potato Bake, Peas, Peaches, Rice Krispie Bar

### Wednesday, May 13th

Lunch: Tenderloin, Baked Potato, Veggie Blend, Banana, Cookies and Crème Pie

Supper: Hamburger Hash, Green Beans, Baked Apple Slices, Walnut Bar

### Thursday, May 14th

Lunch: Chicken Stir Fry over Rice, Watermelon, Ice Cream, Homemade Bread

Supper: Beer Cheese Soup, Summer Sausage Sandwich, Tomato Slices, Mandarin Orange Cake

### Friday, May 15th

Lunch: Crunch Top Fish, Baby Red Potatoes, Wax Beans, Chinese Veggie Salad, Lemon Bar

Supper: Biscuits and Gravy, Scrambled Eggs, Strawberries, Cookie

### Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

### Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm