



May 19, 2026

“Jesus Prays for You”
John 17:1–11

There is something deeply comforting about knowing someone is praying for you.

Many of us can remember a parent whispering prayers at bedtime, or a spouse quietly saying grace at the kitchen table. Maybe you have held the hand of a friend or loved one and promised, “I’ll be praying for you.” Those words matter because prayer reminds us that we are not carrying life alone.

In today’s Gospel reading, we hear something

beautiful and tender: Jesus prays for His people.

And here is the wonderful truth for us today: Jesus was not only praying for those first disciples. He prays for us too.

That means Jesus sees you. He knows your joys and your worries. He knows the days when you feel strong, and the days when you feel tired or lonely. He knows the memories you cherish and the losses you still carry. And still, He lovingly brings you before God.

Sometimes life can feel smaller than it once did. There may be things you can no longer do, places you can no longer go, or people you deeply miss. But this scripture reminds us that your life remains precious to God. You are not forgotten. You are held in prayer by Christ Himself.

Jesus does something even greater. He never stops caring for us. He never stops praying for us. Even when we cannot find the right words ourselves, Jesus carries our hearts to God.

What peace there is in that. So today, if your heart feels heavy, remember this:

Jesus is praying for you. If you feel uncertain, Jesus is praying for you. If you feel joyful and thankful, Jesus is rejoicing with you too.

You belong to God, and you are surrounded by His love.

Prayer

Dear Jesus, Thank You for loving us so deeply that You pray for us. Remind us that we are never alone and never forgotten. Bring comfort to those who are lonely, peace to those who are worried, and hope to all who need strength today. Hold our community in Your care and help us rest in Your love. Amen.

In Christ's Love,

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