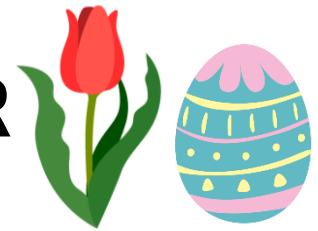


# RIVERSIDE RECREATION THERAPY INFORMER



April 19<sup>th</sup>-April 25<sup>th</sup>, 2026

RDC=Recreation Dining Center  
FLC=Faith and Life Center

## Monday, April 20<sup>th</sup>

- 10:00am- Bible Study with Pastor Linda –FLC
- 1:00pm- Craft: Floral Vases & Arrangement! -RDC
- 3:00pm- Whiteboard Word Games! -RDC

## Tuesday, April 21<sup>st</sup>

- 10:00am- Chair Yoga with Jane! -RDC
- 1:30pm- Bingo! -RDC
- 2:30pm- Manicures -RDC and Room to Room

## Wednesday, April 22<sup>nd</sup>

- 10:00am- Coffee & Reading Group! -RDC
- 1:00pm- Bingo Bucks Store! -RDC
- 2:30pm- Pet Therapy Visits with Sue and Curly! –Room to Room
- 4:15pm- Culver's Eat-In! -RDC *\*For those signed up\* \*Charges will appear on resident bill\* Please let staff know if you are interested in participating by 11:00 today!*



**Thursday, April 23<sup>rd</sup>**

9:30am- Pet Therapy Visits with Nancy and Walley! –Room to Room

9:45am- Rosary -FLC

10:00am- Mass -FLC

1:00pm- Resident Meeting & Treat! -RDC



**Friday, April 24<sup>th</sup>**

10:00am- Worship Service with Pastor Linda -FLC

1:00pm- Spring Happy Hour! -RDC

**Saturday, April 25<sup>th</sup>**

1:30pm- Bingo! -RDC

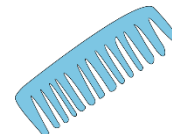
Friendly reminder to fill out your Resident Satisfaction Surveys by April 20<sup>th</sup> 😊  
If you need assistance, please let the Recreation Staff know, and they will be happy to help.

*\*Please recycle this packet 😊\**



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

**Euchre will take place in the RDC @2:30pm every Tuesday afternoon: if you'd like to join/learn, we'd love to add members to our group!**

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

**All programs are subject to change**

# LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich  
Grilled Cheese Sandwich  
Boneless Chicken Breast  
Hamburger on a Bun  
Hot Dog on a Bun  
Cold Cheese Sandwich  
Peanut Butter & Jelly Sandwich  
Poached, Fried, Hard Boiled or Scrambled Egg  
Varied Meat or Meat Salad Sandwich  
Soups – Tomato, Chicken Noodle, Broth  
Chef's Salad  
Chicken Caesar Salad  
Baked Potato with toppings

## MENU- Week 4

### Saturday, April 18<sup>th</sup>

Lunch: Swedish Meatballs, Boiled Potatoes w/Gravy, Broccoli, Cottage Cheese, Cherry Dessert

Supper: Open Face Turkey & Gravy on a Bun, Carrots, Cranberry Sauce, Butterscotch Pudding

### Sunday, April 19<sup>th</sup>

Lunch: Roast Pork, Mashed Potatoes w/Gravy, Baked Beans, Seven Layer Salad, Tiramisu

Supper: Minestrone Soup, Cheese Sandwich, Pears, Ice Cream

### Monday, April 20<sup>th</sup>

Lunch: Cheeseburger on a Bun, Seasoned Steak Fries, Pickles, Tomato Slice, Peach Cobbler

Supper: Beef Chop Suey over Rice, Pineapple, Cookie, Everything Bread

### Tuesday, April 21<sup>st</sup>

Lunch: Baked Chicken, Dressing w/Gravy, Squash, Cranberry Sauce, Apple Pie

Supper: Hot Dog on a Bun, Potato Chips, Honey Dew Melon, Pumpkin Cake

### Wednesday, April 22<sup>nd</sup>

Lunch: Spaghetti w/Meat Sauce, Cauliflower, Fruit Cup, Rhubarb Cake, Garlic Toast

Supper: Breakfast Casserole w/Sausage & Bacon, Watermelon, Angel Dessert, Blueberry Muffin

### Thursday, April 23<sup>rd</sup>

Lunch: Beef Short Ribs, Boiled Potatoes, Cabbage Au Gratin, Cucumber Salad, Blueberry Cheesecake

Supper: Potato Chowder, Ham Salad Sandwich, Banana, Blondie Bar

### Friday, April 24<sup>th</sup>

Lunch: Baked Fish, Baked Potato, Veggie Blend, Peaches, Caramel Brownie

Supper: Chicken Cordon Bleu, Wild Rice, Applesauce, Vanilla Pudding

### Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

### Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm