



# RIVERSIDE RECREATION THERAPY INFORMER



March 29<sup>th</sup>-April 4<sup>th</sup>, 2026

RDC=Recreation Dining Center  
FLC=Faith and Life Center

## Monday, March 30<sup>th</sup>

1:00pm- Monthly Birthday Party! -RDC *Join us to celebrate Riverside's March birthdays!*

3:00pm- Craft: Floral Watering Can Painting! -RDC

## Tuesday, March 31<sup>st</sup>

10:00am- Chair Yoga with Klaire & Ireland! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

## Wednesday, April 1<sup>st</sup>

10:00am- Coffee & Reading Group! -RDC

1:30pm- Piano Music with Angela! -RDC

2:30pm- Pet Therapy Visits with Sue and Curly! -Room to Room

3:00pm- Wheel of Fortune: Springtime Edition! -RDC



**Thursday, April 2<sup>nd</sup>**

9:30am- Pet Therapy Visits with Nancy and Walley! –Room to Room

9:45am- Rosary -FLC

10:00am- Mass -FLC

1:30pm- Easter Social! -RDC *Join us in celebrating Easter with a cross craft & a festive dirt cup treat!*



**Friday, April 3<sup>rd</sup>**

10:00am- Worship Service with Pastor Linda -FLC

1:30pm- Bingo! -RDC

**Saturday, April 4<sup>th</sup>**

**No Bingo Today**

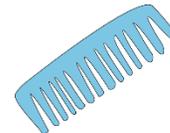
Friendly reminder to fill out your Resident Satisfaction Surveys by April 20<sup>th</sup> 😊  
If you need assistance, please let the Recreation Staff know, and they will be happy to help.

*\*Please recycle this packet 😊\**



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

**Euchre will take place in the RDC @2:30pm every Tuesday afternoon (pending enough players): if you'd like to join/learn, we'd love to add members to our group!**

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

**All programs are subject to change**

# LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich  
Grilled Cheese Sandwich  
Boneless Chicken Breast  
Hamburger on a Bun  
Hot Dog on a Bun  
Cold Cheese Sandwich  
Peanut Butter & Jelly Sandwich  
Poached, Fried, Hard Boiled or Scrambled Egg  
Varied Meat or Meat Salad Sandwich  
Soups – Tomato, Chicken Noodle, Broth  
Chef's Salad  
Chicken Caesar Salad  
Baked Potato with toppings

## MENU- Week 1

### Saturday, March 28<sup>th</sup>

Lunch: Chicken Alfredo over Egg Noodles, Broccoli, Banana, Cream Cheese Bar, Cheddar Biscuit

Supper: Roast Beef & Swiss Sandwich, Potato Salad, Grapes, Ice Cream

### Sunday, March 29<sup>th</sup>

Lunch: Baked Ham, Sweet Potatoes, Veggie Blend, Lettuce Salad, Strawberry Dessert

Supper: Tomato Soup, Grilled Cheese Sandwich, Fruit Cocktail, Chocolate Butterscotch Dessert

### Monday, March 30<sup>th</sup>

Lunch: Roast Turkey, Dressing w/Gravy, Squash, Cranberry Sauce, Lemon Meringue Pie

Supper: Goulash, Broccoli, Pears, Cookie

### Tuesday, March 31<sup>st</sup>

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Corn, Cucumbers, Tapioca Pudding

Supper: Chicken Salad, Tomato Slices, Honey Dew Melon, Ice Cream, Variety Bread

### Wednesday, April 1<sup>st</sup> Happy April Fools Day!

Lunch: Spare Ribs, Sauerkraut, Dumplings w/Gravy, Three Bean Salad, Texas Sheet Cake

Supper: Cream of Mushroom Soup, Bologna Sandwich, Mandarin Oranges, Jell-O Cake

### Thursday, April 2<sup>nd</sup>

Lunch: Hamburger Stroganoff over Egg Noodles, Glazed Carrots, Lime Jell-O, Strawberry Rhubarb Pie

Supper: Omelet Supreme, Hash Browns, Grapes, Vanilla Pudding

### Friday, April 3<sup>rd</sup>

Lunch: Batter Fried Fish, French Fries, Cauliflower, Coleslaw, Fruit Pizza

Supper: Chili, Watermelon, Mint Chocolate Chip Ice Cream, Cornbread

### Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

### Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm