

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p><b>1</b></p> <p>*Reminder that if you want to vote Absentee on March 24<sup>th</sup> for the April 7<sup>th</sup> election, you MUST be registered by March 17<sup>th</sup>- Call Mallorie @ 12737 with any questions*</p>	<p><b>2</b></p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR <b>3:00 Pet Visits w/ Piper &amp; Keeley-BB</b> 4:00 BYOB Happy Hour-BB/CL* <small>Purim Begins</small></p>	<p><b>3</b></p> <p><b>10:00 Folks @ Ten-A</b> 10:00 Knitting-CL* 1:00 Euchre-CL* <b>2:00 Line Dancing-A</b> 3:00 Movie: <i>Brigadoon</i>-T</p>	<p><b>4</b></p> <p>9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A 3:00 Pet Visits w/ Loki &amp; Odin-BB</p>	<p><b>5</b></p> <p>10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>Lincoln Lawyer</i>-T 3:00 Jeopardy-3CA <b>6:00 Cat Visits w/ Lyra-BB</b></p>	<p><b>6</b></p> <p>9:30 Chair Yoga-A 11:00 Bingo-BB <b>1:30 Tom Conrad Musical Performance-A</b></p>	<p><b>7</b></p> <p>March Crossword Puzzle-Building 1 Library 1:00 Movie: <i>The Hundred-Foot Journey</i>-T</p>		
<p><b>8</b></p> <p><b>Happy Daylight Savings!</b> Don't forget to "Spring Ahead" 1 hour! <small>Daylight Saving Time Begins</small></p>	<p><b>9</b></p> <p><b>10:00 Catholic Mass-A</b> 11:15 Bingo-2DR <b>3-4 Voting Question &amp; Registration Booth-BB</b> 4:00 BYOB Happy Hour-BB/CL*</p>	<p><b>10</b></p> <p><b>10:00 IL/SL Resident Meeting-A</b> 10:00 Knitting-CL* <b>1:00 IL/SL Resident Meeting-A</b> 1:00 Euchre-CL* 3:00 Movie: <i>Hope Springs</i>-T</p>	<p><b>11</b></p> <p>9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church-A <b>3:00 Sing Along-CR*</b> 3:00 Pet Visits w/ Loki &amp; Odin-BB</p>	<p><b>12</b></p> <p>10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>Heartland S18E1&amp;2</i>-T 3:00 Jeopardy-3CA <b>6:00 Pet Visits w/ Sadie-BB</b></p>	<p><b>13</b></p> <p>No Chair Yoga! 11:00 Bingo-CL 1:00 Picking Out the April Movies-T <b>3:00 Beaded Sun Catcher Craft -AS</b></p>	<p><b>14</b></p> <p>St. Patty's Day Word Fit Puzzle-Building 1 Library 1:00 Movie: <i>The Quiet Man</i>-T</p>		
<p><b>15</b></p> <p><b>St. Patrick's Day Scavenger Hunt (3/16-3/23)</b> *Turn your sheets into Life Enrichment for a Prize</p>	<p><b>16</b></p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR <b>4:00 St. Patrick's Happy Hour-BB</b> *drinks provided</p>	<p><b>17</b></p> <p>10:00 Knitting-CL* 1:00 Euchre-CL* <b>2:45 Shamrock Club Show-A</b> 6:00 Movie: <i>Waking Ned Devine</i>-T <b>6:00 Book Club-CL</b> <small>St. Patrick's Day</small></p>	<p><b>18</b></p> <p>9:00 Strong Bones-A 9:45 Pastor Chat w/ Linda-BB <b>10:30 Rosary &amp; Communion-A</b> 2:00 Church-A</p>	<p><b>19</b></p> <p>10:00 Bible Study w/ Pastor Mumm-AS* <b>11:00 Jeopardy-3CA</b> <b>2:00 Tea @ Two-A</b> 3:00 TV Series: <i>Heartland S18 Episodes 3&amp;4</i>-T</p>	<p><b>20</b></p> <p>9:30 Chair Yoga-A 11:00 Bingo-BB <b>1:30 Prairie Smoke Performance-A</b> <b>3:00 Veteran's Get Together-CL*</b> <small>Spring Begins</small></p>	<p><b>21</b></p> <p>Beautiful Bugs Word Ft Puzzle-Building 1 Library 1:00 Movie: <i>In the Line of Fire</i>-T</p>		
<p><b>22</b></p> <p>*Scrabble is played every Wednesday evening @ 6pm in the Club Lounge*</p>	<p><b>23</b></p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR <b>2:30 Bus Trip to HyVee-Bistro</b> 4:00 BYOB Happy Hour-BB/CL*</p>	<p><b>24</b></p> <p>10:00 Knitting-CL* 1:00 Euchre-CL* <b>12-4 Absentee Voting-A</b> 3:00 Movie: <i>It Happened One Night</i>-T</p>	<p><b>25</b></p> <p>9:00 Strong Bones-A No Pastor Chat! 10:30 Rosary-A 2:00 Church-A Loki &amp; Odin will be back in April ☺</p>	<p><b>26</b></p> <p>10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>Heartland S18 Episodes 5&amp;6</i>-T 3:00 Jeopardy-3CA</p>	<p><b>27</b></p> <p>(Mallorie off)</p> <p>9:30 Chair Yoga-A 11:00 Bingo w/ Amy-CL <b>1:30 Jeopardy Vs. EC North-A</b></p>	<p><b>28</b></p> <p>March Word Search Puzzle-Building 1 Library 1:00 Movie: <i>How to Steal a Million</i>-T</p>		
<p><b>29</b></p> <p><b>Take N Make: Creamy Green Onion Dip</b> *Delivered Monday (3/30) between 3-5pm* <small>Palm Sunday</small></p>	<p><b>30</b></p> <p>9:30 Strong Bones-A 11:00 Bingo-2DR <b>1:30 Harp Music Performance-A</b> 4:00 BYOB Happy Hour-BB/CL*</p>	<p><b>31</b></p> <p>10:00 Knitting-CL* 1:00 Euchre-CL* <b>2:00 Seated Dancing-A</b> 3:00 Movie: <i>Cheeseheads</i>-T</p>	<p><b>March 2026</b> AL/IL/SL Activity Calendar</p>					

Please turn over for additional information & location keys for programs →

## **STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:**

· No Sign-up required!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
  - Join our Zoom meeting by entering in the meeting ID: 79785075740
  - Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins

### **INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):**

- Folks at Ten – Mike P. 12106
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
  - Welcome to ECS Group – Shirley D. 15005
    - Euchre – Dick D. 15005
  - Facebook: Friends of ECS – Dan M. 14000
    - Sing-Along – Darlene L. 12010
  - Hand, Knee, & Foot – Gail M. 14026
    - Veteran's Group – Dick D. 15005
      - Knit & Chat – Marlie B. 12047
      - Hobby Shop – Peter K. 15024
    - Men's Glee Club – Mike P. 12106
      - Scrabble – Liz A. 12004

### **ACTIVITY LOCATIONS:**

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
  - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
  - T: Theater (ECS 1, 2nd floor)
- C: Craft Room (ECS 1, 1st floor)
  - AL: Assisted Living
- 2DR: Assisted Living 2<sup>nd</sup> Floor Dining Room
- 3CA: Assisted Living 3<sup>rd</sup> Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

**All underlined activities indicate that a sign-up is required!**

**Call 12737 to sign up!**