

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

AL/IL/SL Activity Calendar

Valentine's Day Scavenger Hunt (Feb. 6th-16th) *Turn in sheets to Life Enrichment for a prize! <small>Tu B'Shevat Begins</small>	9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 BYOB Happy Hour-BB/CL* 6:00 Therapy Cat Visits w/ Lyra-BB <small>Groundhog Day</small>	10:00 Folks @ Ten-A 10:00 Knitting-CL* 1:00 Euchre-CL* 3:00 Movie: <i>Guilty by Suspicion</i> -T	9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church 3:00 Pet Visits w/ Loki & Odin-BB	(Cammie off) 10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>Lincoln Lawyer</i> -T 3:00 Jeopardy-3CA 6:00 Therapy Dog Visits w/ Sadie-BB	(Cammie off) 9:30 Chair Yoga 11:00 Bingo-BB 3:00 Picking Out the March Movies-T	Groundhog's Day Word Jumble-Building 1 Library 1:00 Movie: <i>Anchors Away</i> -T
1:30 Living Word Church Hymnal Sing Along-A 5:30 Super Bowl LX (Seahawks vs. Patriots) on NBC (channel 13)*	(Cammie off) 10:00 Catholic Mass-A 11:15 Bingo-2DR 1:30 Origami Heart Paper Folding-AS 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Picnic</i> -T	9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church 3:00 Sing Along-CR* 3:00 Pet Visits w/ Loki & Odin-BB	10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>Lincoln Lawyer</i> -T 3:00 Jeopardy-3CA	9:30 Chair Yoga 11:00 Bingo-CL 1:30 Abbey Lane Music Performance-A	Happy Valentine's Day! Songs of the Heart Word Search-Building 1 Library 1:00 Movie: <i>Move Over Darling</i> -T <small>Valentine's Day</small>
Scrabble is played every Wednesday evening @ 6pm in the Club Lounge	9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 Valentine's Happy Hour-CL *ft. Men's Glee Club 6:00 Cat Visits-BB <small>Presidents' Day (U.S.)</small>	10:00 Emerson Kids Sing Along-A 1:00 Euchre-CL* 3:00 Movie: <i>Music & Lyrics</i> -T 6:00 Book Club-CL <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary & Communion-A 2:00 Church 3:00 Pet Visits w/ Loki & Odin-BB	10:00 Bible Study w/ Pastor Mumm-AS* 10:30 Seated Dancing-A 1:00 Jeopardy-3CA 2:00 Tea @ Two-A 3:00 TV Series: <i>Lincoln Lawyer</i> -T	9:30 Chair Yoga 11:00 Bingo-BB 1:30 Grumpy Old Men Band-A 3:00 Veteran's Get Together-CL*	Mardi Gras Crossword Puzzle-Building 1 Library 1:00 Movie: <i>The Grand Budapest Hotel</i> -T
Take N Make: Strawberry Mug Cake *Delivered Monday (2/23) between 3-5pm*	9:30 Strong Bones-A 11:00 Bingo-2DR 1:30 Interactive Music Circle-A 4:00 BYOB Happy Hour-BB/CL*	10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>In the Good Old Summertime</i> -T	9:00 Strong Bones-A No Pastor Chat! 10:30 Rosary-A 2:00 Church 3:00 Pet Visits w/ Loki & Odin-BB	10:00 Bible Study w/ Pastor Mumm-AS* 1:15 Bus Trip to ALDI-Bistro 2:00 TV Series: <i>Lincoln Lawyer</i> -T 3:00 Jeopardy-3CA	9:30 Chair Yoga 11:00 Bingo-CL 3:00 Jeopardy Vs. Eagle Crest North-A	Presidents & 28 First Ladies Word Match-Building 1 Library 1:00 Movie: <i>Mrs. Harris Goes to Paris</i> -T

Please turn over for additional information & location keys for programs →

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required!
- How to access Strong Bones via zoom:
 - Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**
- Activities will start at the designated time. Please be sure you are connected before the activity begins

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten – Mike P. 12106
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
 - Welcome to ECS Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
- Hand, Knee, & Foot – Gail M. 14026
 - Book Club – Mallorie T. 12737
 - Veteran's Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12047
 - Hobby Shop – Peter K. 15024
 - Men's Glee Club – Mike P. 12106
 - Scrabble – Liz A. 12004

All underlined activities indicate that a sign-up is required!

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!