

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Eagle Crest North Senior Living Highlights

1 9:00 Catholic Communion-A 6:00 Movie: <i>Mountain Top-T</i> Tu B'Shevat Begins	2 9:00 Arthritis Ex (zoom link) 10:00 Knit, Stitch & Loom-B 1:30 Choir-A 3:00 Empower Hour Exercise-A Groundhog Day	3 ** Meet USA Olympic Athlete Poster-Bis 10:00 Bingo-A	4 9:00 Balance & Stretch Class-A 10:00 Catholic Rosary & Communion-A 3:00 Empower Hour Exercise-A	5 10:00 Church-A 11:00 Crossword-B 1:30 Music by Bruce Greenwood-A	6 9:00 Arthritis Ex (zoom link) 10:00 Catholic Mass-A 1:00 Movie: <i>September 5-T</i>	7 **All underlined activities call Donna 608-779-1713 to sign up. **Olympic Event Word Search-Lib 2:30 Movie: <i>One Flew Over the Cuckoo's Nest-T</i>
8 9:00 Catholic Communion-A	9 9:00 Arthritis Ex (zoom link) 10:00 Knit, Stitch & Loom-B 1:30 Choir-A 3:00 Empower Hour Exercise-A	10 10:00 Tap Dance w/ Kate-A	11 10:00 Catholic Rosary & Communion-A 1:00 Jeopardy-A 3:00 Empower Hour Exercise-A	12 10:00 Church-A 11:00 Crossword-B 1:00 Computer Class AI part 2-A	13 9:00 Arthritis Ex (zoom link) 6:00 Movie: <i>Paws to the Rescue-T</i>	14 **Thoughtful Valentine's Quote puzzle-Lib 2:30 Movie: <i>Blazing Saddles-T</i> Valentine's Day
15 9:00 Catholic Communion-A 6:00 Movie: <i>All Roads Lead Home-T</i>	16 9:00 Arthritis Ex (zoom link) 10:00 Knit, Stitch & Loom-B 1:30 Choir-A 3:00 Empower Hour Exercise-A Presidents' Day (U.S.)	17 10:00 Bingo-A 1:00 Voting Questions-Bld 2 Club Lounge Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 9:00 Balance & Stretch Class-A 10:00 Catholic Rosary & Communion-A 3:00 Empower Hour Exercise-A	19 10:00 Church-A 11:00 Crossword-B **Sign Up for games and clubs at Front Desk	20 9:00 Arthritis Ex (zoom link) 2:30 Book Club-B 6:00 Movie: <i>Terms of Endearment-T</i>	21 **Olympic Word Mining puzzle-Lib 2:30 Movie: <i>The Godfather-T</i>
22 9:00 Catholic Communion-A 6:00 Movie: <i>Something Funny Happened on the Way to the Forum-T</i>	23 9:00 Arthritis Ex (zoom link) 10:00 Knit, Stitch & Loom-B 1:30 Choir-A 2:00 Fitness Help 3:00 Empower Hour Exercise-A	24 *Meet a new neighbor 10:00 Bingo-A	25 9:00 Balance & Stretch Class-A 10:00 Catholic Rosary & Communion-A 3:00 Empower Hour Exercise-A	26 10:00 Church-A 11:00 Crossword-B 1:30 Entertain: Chris Von Arx-A 3:00 Grief Support Group-AS	27 9:00 Arthritis Ex (zoom link) 1:00 Beginning Line Dancing-A 4:00 Happy Hour Club Lounge-BYOB (Bld 2) 6:00 Movie: <i>Tomorrow Never Dies-T</i>	28 Black Author Matching Puzzle-Lib *Have a cup of coffee with someone new 2:30 Movie: <i>Cabaret-T</i>

For activity, questions please reach out to DMBrogan@eaglecrestlife.org or visit the front desk.