

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

HAPPY
NEW YEAR!

New Year's Day

1	10:00am Worship Service—Faith & Life Center	2
	11:00am Yoga w/Sara — Café	
	2:00pm A Year in Review Social w/Alyssa — Café	

2	2:00pm Movie – Forest Trail Lounge
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Televised Worship Service

4	10:00am Bible Study–Faith & Life Ctr	5
	11:15am Seated Exercise – Café	
	1:00pm BINGO! w/Black Out – Café	

10:15am Shopping at Walgreen's – Please Sign up at Grt Rm Desk

2:00pm Play Cards or Game of Choice – Café

5:30pm Visit w/Aimee & Da Vinci - Great Rm

11:15am Seated Resistance Band Exercises – Café
1:00pm Voter Registration – Conference Room

8	9:30am Rosary 10:00am Mass – Faith & Life Center 2:00pm Scrabble Tile Craft w/Alyssa – Conference Room.
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8	10:00am Worship Service—Faith & Life Center	9
10th	11:00am Yoga w/Sara — Dining Room	
e	2:00pm DIY Lotion & Sugar Scrub w/Heidi — Conference Room	

9	
a	2:00pm Movie – Forest Trail Lounge

Televised Worship Service

11	10:00am Bible Study–Faith & Life Ctr	12
	11:15am Seated Exercise – Café	
	1:00pm BINGO! w/Black Out and The Letter O – Café	

2:00pm Bean Bag Toss Tournament – Great Room

2:00pm Play Cards – Café

2:30pm Visit w/Sue & Curly – Great Room

11:15am Seated Resistance Band Exercises – Café

2:00pm Start Annual Snowflake Hunt! Jan. 14th until Jan. 20th at 12:00pm – See Hand Outs w/Instructions

15
9:30am Rosary
10:00am Mass – Faith
& Life Center
2:00pm Manicures
w/Heidi – Café

15 10:00am Worship **16**
Service–Faith & Life
Center
11:00am Yoga w/Sara
– Café
2:00pm Is It Cake?
Guessing Game
(Cake Included) ☺
w/Alyssa – Café

6	
a	2:00pm Movie – Forest Trail Lounge

Televised Worship Service

18	10:00am Bible Study—Faith & Life Ctr	19
	11:15am Seated Exercise – Café	
	1:00pm Resident Meeting – Great Rm	

Martin Luther King Jr. Day

10:30am Day Care **20**
Kids Visit – Great Rm
12:00pm - Hand in
Snowflake Hunt
Sheets By Noon ☺
1:00pm BINGO!
w/Black Out – Café
5:30pm Visit w/Aimee
& Da Vinci - Great Rm

11:15am Seated **2**
Resistance Band
Exercises – Café

1:30pm Peppermint
Hot Chocolate Social
(Snowflake Hunt
Winner Announced) -
Café

9:30am Rosary **22**
10:00am Mass – Faith
& Life Center

1:30pm Musical
Entertainment by
Frank Moore – Faith &
Life Center

22	10:00am Worship	23
with	Service—Faith & Life Center	
	11:00am Yoga w/Sara – Café	
&	2:00pm Card Game: Crazy 8's w/Heidi – Café	

3	2:00pm Movie – Forest Trail Lounge
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Televised Worship Service

25	10:00am Bible Study–Faith & Life Ctr	26
	11:15am Seated Exercise – Café	
	1:00pm BINGO! w/Black Out and The Letter L – Café	

11:00am	27
Tales & Talks (Short Story/Discussion) - Forest Trail Lounge	
2:00pm	Play Cards – Café
2:30pm	Visit w/Sue & Curly – Great Room

11:15am Seated **2**
Resistance Band
Exercises – Café

1:30pm Musical
Entertainment by
Emma Blank – Great
Room

9:30am Rosary **29**
10:00am Mass – Faith
& Life Center

2:00pm Make
Valentine's Day Cards
w/Heidi – Café

29	10:00am Worship	30
with	Service–Faith & Life Center	
	11:00am Yoga w/Sara – Café	
ds	2:00pm Wine & Chocolate Tasting w/Alyssa – Café	

0	3
a	2:00pm Movie – Forest Trail Lounge

Australia Day (Observed)