



RIVERSIDE RECREATION THERAPY INFORMER



December 21st-December 27th, 2025

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, December 22nd

10:00am- Bible Study with Pastor Linda –FLC

10:00am- Christmas Carolers & Coffee! -RDC *Join us for music with local carolers & a fresh cup of coffee!*

1:00pm- Scrabble Tile Holiday Craft! -RDC

3:00pm- Wheel of Fortune: Christmas Edition! -RDC

Tuesday, December 23rd *Mitchell Hall Special Breakfast 7:00-9:00am*

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

Wednesday, December 24th *Merry Christmas Eve!*

10:00am- Christmas Eve Worship Service with Pastor Linda -FLC

1:30pm- Cookies, Carols, & Cocoa! -RDC



Thursday, December 25th *Merry Christmas!*
No Rec Therapy Programs Today



Friday, December 26th

10:00am- Reading & Coffee Group! -RDC

1:00pm- Game Time Hour! –RDC *Join us for a board or card game of choice!*

Saturday, December 27th

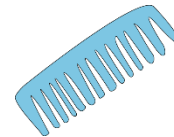
1:30pm- Bingo! –RDC

Please recycle this packet ☺



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! ☺

Euchre will take place in the RDC @2:30pm every Tuesday afternoon: if you'd like to join/learn, we'd love to add members to our group!

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 3

Saturday, December 20th

Lunch: Meatballs, Cheesy Hash Browns, Baked Beans, Pears, Applesauce Spice Cake

Supper: Turkey Dumpling Soup, Bologna Salad Sandwich, Honey Dew Melon, Cookie

Sunday, December 21st

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Rutabagas, Cucumbers, Pineapple Upside Down Cake

Supper: Scalloped Potatoes w/Ham, Mixed Veggies, Mandarin Oranges, Ice Cream

Monday, December 22nd

Lunch: Pork Chop Suey over Rice, Green Beans, Raspberry Applesauce Salad, Baked Custard

Supper: Tomato Soup, Grilled Cheese Sandwich, Pineapple, Seven Layer Bar

Tuesday, December 23rd

Lunch: Baked Chicken, Zucchini Bake, Squash, Grapes, Lemon Poppyseed Cake

Supper: French Toast Sticks w/Maple Syrup, Bacon, Banana, Pistachio Pudding

Wednesday, December 24th

Lunch: Hamburger Steak, Boiled Potatoes w/Milk Gravy, Peas, Fruit Cocktail, Marshmallow Dessert

Supper: Potato Chowder, Tuna Salad Sandwich, Peach Half w/Cottage Cheese, Macaroon Brownie

Thursday, December 25th Merry Christmas!!

Lunch: Glazed Ham, Cheesy Potatoes, Corn, Strawberries, Dinner Rolls, Grasshopper Pie

Supper: BBQ Pork on a Bun, Potato Chips, Pickles, Pears, Christmas Cut Out Cookie

Friday, December 26th

Lunch: Batter Fried Fish, Potato Wedges, Stewed Tomatoes, Chinese Veggie Salad, Tapioca Pudding

Supper: Split Pea Soup, Egg Salad Sandwich, Cantaloupe, Toffee Poke Cake

Lunch

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|------------------------|-------------------|
| • Dorset Dining | 10:40am - 11:00am |
| • Mitchell Room Trays | 11:05am - 11:20am |
| • Mitchell Dining Room | 11:30am - 11:50am |

Supper

- | | |
|------------------------|-----------------|
| • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 5:00pm - 5:20pm |