


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2026</h1> <h2>AL/IL/SL Activity Calendar</h2>				Happy New Year! 1 *Life Enrichment staff off today* *Today is the last day to do the Holiday Scavenger hunt!* New Year's Day	2 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 The Magic of Isaiah Foster: Magic Show-A	3 New Year's Word Search Puzzle-Building 1 Library 1:00 Movie: <i>It's A Wonderful Life</i> -T
4 2:00 Mt. Calvary Lutheran Church Caroling-A	5 9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 New Year's Happy Hour-BB *Drinks provided	6 10:00 Folks @ Ten-A 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>News of the World</i> -T	7 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church 3:00 Knit & Chat-BB* 3:00 Pet Visits w/ Loki & Odin-BB	8 10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>The Diplomat</i> -T 3:00 Jeopardy-3CA 6:00 Pet Visits w/ Sadie-BB	9 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Ryan Herman Music Performance-A	10 January Crossword Puzzle- Building 1 Library 1:00 Movie: <i>Fly Away Home</i> -T
11 *Scrabble is played every Wednesday evening @ 6:00pm in the Club Lounge*	12 10:00 Catholic Mass-A 11:15 Bingo-2DR 3:00 Gathering of Comfort & Community-A 4:00 BYOB Happy Hour-BB/CL*	13 10:00 Knitting-CL* 1:00 Euchre-CL* 1:30 Jack Norton Performance-A 3:00 Movie: <i>For Me & My Gal</i> -T	14 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary-A 2:00 Church 3:00 Knit & Chat-BB* 3:00 Sing Along-CR* 3:00 Pet Visits-BB	15 10:00 Bible Study w/ Pastor Mumm-AS* 1:00 Jeopardy-3CA 2:00 Tea @ Two-A 3:00 TV Series: <i>The Diplomat</i> -T	16 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Winter Craft-AS 3:00 Veteran's Get Together-CL* 3:15 Picking Out the February Movies-T	17 "I Have a Dream" Word Match Puzzle-Building 1 Library 1:00 Movie: <i>The General's Daughter</i> -T
18 1:30 Living Word Church Hymnal Sing Along-A	19 9:30 Strong Bones-A 11:00 Bingo-2DR 1:30 Good News Singers-A 3:00 Cat Visits-BB 4:00 BYOB Happy Hour-BB/CL* <small>Martin Luther King Jr. Day</small>	20 10:00 Knitting-CL* 1:00 Euchre-CL* 2:00 Line Dancing-A 3:00 Movie: <i>Clue</i> -T 6:00 Book Club-CL	21 9:00 Strong Bones-A 9:45 Pastor Chat-BB 10:30 Rosary & Communion-A 2:00 Church 3:00 Knit & Chat-BB* 3:00 Pet Visits-BB	22 10:00 Bible Study w/ Pastor Mumm-AS* 10:30-12 Voting Question Booth-BB 2:00 TV Series: <i>The Diplomat</i> -T 3:00 Jeopardy-3CA	23 9:30 Chair Yoga-A 11:00 Bingo-BB 1:30 Jeopardy Vs. Eagle Crest North-A	24 January IQ Quiz-Building 1 Library 1:00 Movie: <i>The Great Gatsby</i> -T
25 Take N Make: Pickle Wheels *Delivered Monday (1/26) between 3-5pm	26 9:30 Strong Bones-A 11:00 Bingo-2DR 4:00 BYOB Happy Hour-BB/CL* <small>Australia Day (Observed)</small>	27 10:00 Knitting-CL* 11-2pm Shared Treasure Table-A 1:00 Euchre-CL* 3:00 Movie: <i>Topper Returns</i> -T	28 9:00 Strong Bones-A No Pastor Chat! 10:30 Rosary-A 2:00 Church 3:00 Knit & Chat-BB* 3:00 Pet Visits w/ Loki & Odin-BB	29 10:00 Bible Study w/ Pastor Mumm-AS* 2:00 TV Series: <i>The Diplomat</i> -T 3:00 Jeopardy-3CA	30 9:30 Chair Yoga-A 11:00 Bingo-CL 1:30 Bus Trip to Festival-Bistro *call 12737 to sign up	31 "Cold" as "Ice" Word Puzzle-Building 1 Library 1:00 Movie: <i>Under the Tuscan Sun</i> -T

Please turn over for additional information & location keys for programs→

STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

· No Sign-up required!

· How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please, note that it will ask for a password. The password is **eaglecrest**

-Activities will start at the designated time. Please be sure you are connected before the activity begins

INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten – Mike P. 12106
- Tea at Two – Cheryl V. 15027
- Bible Study with Pastor Mumm – Jim M. 14026
 - Welcome to ECS Group – Shirley D. 15005
 - Euchre – Dick D. 15005
- Facebook: Friends of ECS – Dan M. 14000
 - Sing-Along – Darlene L. 12010
- Hand, Knee, & Foot – Gail M. 14026
 - Book Club – Mallorie T. 12737
- Veteran's Group – Dick D. 15005
 - Knit & Chat – Marlie B. 12047
 - Hobby Shop – Peter K. 15024
- Men's Glee Club – Mike P. 12106
 - Scrabble – Liz A. 12004

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
 - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
 - T: Theater (ECS 1, 2nd floor)
 - C: Craft Room (ECS 1, 1st floor)
 - AL: Assisted Living
- 2DR: Assisted Living 2nd Floor Dining Room
- 3CA: Assisted Living 3rd Floor Common Area

**Please call Mallorie Trautsch, Life Enrichment
Coordinator, at (608)791-2737 or #12737 if you
have any questions or concerns.**

Thank you!

**All underlined activities indicate that a sign-up is
required!**