Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Jover	nber	2025	Don't forget to set 1 your Clocks Back an Hour before bed® 2:00pm Movie – Forest Trail Lounge
Daylight Saving Time 2 ends at 2:00am  Televised Worship Service  Daylight Saving Time Ends	10:00am Bible Study 3  - Faith & Life Center 11:15am Seated Exercise – Café 1:00pm BINGO! w/Black Out and The Letter O – Café	Walgreen's - Please	Resistance Band Exercises – Café 1:00pm Musical Entertainment by	10:00am Mass – Faith & Life Center 2:00pm Thanksgiving Pumpkin Craft w/Heidi	10:00am Worship Service–Faith & Life Center 11:00am Yoga w/Sara – Café 1:30pm Entertainment by Steven Freehill – Faith & Life Center	8 2:00pm Movie – Forest Trail Lounge
<b>9</b> Televised Worship Service	10:00am Bible Stud 10 - Faith & Life Center 11:15am Seated Exercise - Café 1:00pm BINGO! w/Black Out and The Letter L - Café	Thank You So 11 Much, Veterans!!! 1:30pm Veteran's Day Program —Faith & Life Center 5:30pm Aimee & Da VingGhembrance Day (Catal Rm)	Resistance Band Exercises – Café	10:00am Mass – Faith & Life Center 2:00pm Football Games w/Alyssa –	10:00am Worship Service–Faith & Life Center 11:00am Yoga w/Sara – Café 2:00pm Curiosity Corner w/Alyssa – Café	2:00pm Movie – Forest Trail Lounge
16 Televised Worship Service	Exercise – Café	10:45am Tales & 18 Talks-Forest Trail Lounge 1:00pm Bingo Store – Café 2:00pm Play Cards– Café 2:30pm Visit w/Sue & Curly – Great Room	Resistance Band Exercises – Café 1:00pm BINGO! w/Black Out and The	10:00am Mass – Faith & Life Center 1:30pm Piano Music by Angela – Faith &	10:00am Worship Service–Faith & Life Center 11:00am Yoga w/Sara – Café 2:00pm Pumpkin Pie in a Cup Social w/Heidi – Café	2:00pm Movie – Forest Trail Lounge
Televised Worship Service	Exercise – Café 1:00pm BINGO! w/Black Out and The	Gundersen Child Care Kids Visit – Great Rm 2:00pm Play Cards – Café	Service Faith & Life Ctr. 11:15am Resistance Band Exercises – Café 1:00pm Make Cornucopia Treat Table	Day Parade – NBC	28 11:00am Yoga w/Sara – Café 2:00pm Harvest Happy Hour w/Alyssa – Café	29 2:00pm Movie – Forest Trail Lounge
Televised Worship Service  "Gratitude is the best attitude"  Maya Angelou  Maya Angelou						