



RIVERSIDE

RECREATION THERAPY INFORMER



November 16th-November 22nd, 2025

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, November 17th

10:00am- Bible Study with Pastor Linda -FLC

10:00am- Reading Group & Coffee! -RDC

1:30pm- Fall Shrinky Dink Craft! -RDC

3:00pm- A-Z Word Game! -RDC



Tuesday, November 18th 600 Hall Special Breakfast 7:00-9:00am

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room



Wednesday, November 19th

10:00am- 1:1 Visits -Room to Room

11:15am- China Star Eat-in! -RDC Please let staff know if you are interested by 11/18. *Charges will appear on resident bill*

2:30pm- Wheel of Fortune: Thanksgiving Edition! -RDC



Thursday, November 20th

9:30am- Pet Therapy Visits with Nancy & Walley! -Room to Room

9:45am- Rosary -FLC

10:00am- Mass -FLC

1:30pm- Piano Music with Angela! –FLC

3:00pm- Card Game of Choice! -RDC



Friday, November 21st

10:00am- Worship Service with Pastor Linda- FLC

1:30pm- Pumpkin Pie in a Cup! *Join us for a sweet treat!* -RDC

Saturday, November 22nd

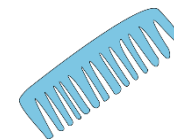
1:30pm- Bingo! -RDC

Please recycle this packet 😊



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

Euchre will take place in the RDC @2:30pm every Tuesday afternoon pending there are enough players

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 2

Saturday, November 15th

Lunch: Meatloaf, Scalloped Potatoes, Rutabagas, Marinated Carrot Salad, Apple Pie

Supper: Pork & Gravy over Mashed Potatoes, Green Beans, Banana, Cookie

Sunday, November 16th

Lunch: Chicken Supreme, Sour Cream & Chive Potatoes, Veggie Blend, Watermelon, Jell-O Cake

Supper: Mushroom & Swiss Burger, Potato Salad, Pickles, Ice Cream

Monday, November 17th

Lunch: Short Ribs, Boiled Potatoes, Cabbage & Carrots, Lime Mist Salad, Raspberry Cheesecake

Supper: Breakfast Casserole w/Sausage & Bacon, Cantaloupe, Pistachio Fluff, Blueberry Muffin

Tuesday, November 18th

Lunch: Breaded Pork Steak, Au Gratin Potatoes, Beets, Three Bean Salad, Peach Crisp

Supper: Wild Rice Soup, Summer Sausage Sandwich, Mandarin Oranges, Cream Cheese Brownies

Wednesday, November 19th

Lunch: Baked Ham, Sweet Potatoes, Wax Beans, Coleslaw, Strawberry Pie

Supper: Chicken Pesto Pasta w/Spinach, Pineapple, Fudge Oat Bar, Variety Bread

Thursday, November 20th

Lunch: Spaghetti w/Meat Sauce, Broccoli, Banana, Chocolate Chip Date Cake, Garlic Toast

Supper: Beer Cheese Soup, Chicken Salad Sandwich, Fruit Cup, Lemonade Dessert

Friday, November 21st

Lunch: Crumb Top Baked Fish, Baked Potato, Mixed Veggies, Strawberries, Lorna Doone Dessert

Supper: Chicken Cordon Bleu, Wild Rice, Grapes, Nutcracker Sweets

Lunch

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|------------------------|-------------------|
| • Dorset Dining | 10:40am - 11:00am |
| • Mitchell Room Trays | 11:05am - 11:20am |
| • Mitchell Dining Room | 11:30am - 11:50am |

Supper

- | | |
|------------------------|-----------------|
| • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 5:00pm - 5:20pm |

UPCOMING ACTIVITIES:

Please let staff know if you are interested in participating! ☺

November 19th

China Star Eat-In

- This will be in place of the noon meal (for those who sign up)
- Charges for resident's individual orders will appear on resident bill
- Please let us know if you are interested by Tuesday, November 18th at 12:00pm

Throughout the month of December

Bus Rides to see the Rotary Lights

- Due to sharing the bus with other facilities, we have *two* trips scheduled in December- spaces are limited!
- These trips will be taking place after supertime- it will be cold as we are loading the bus, but once the doors are closed, the bus has a great heating system! ☺