

# RIVERSIDE



## RECREATION THERAPY INFORMER



November 2<sup>nd</sup>-November 8<sup>th</sup>, 2025

RDC=Recreation Dining Center  
FLC=Faith and Life Center

### Monday, November 3<sup>rd</sup>

10:00am- Bible Study with Pastor Linda -FLC

10:00am- 1:1 Visits -Room to Room

1:30pm- Thanksgiving Escape Room! -RDC

3:00pm- Balloon Ball! -RDC



### Tuesday, November 4<sup>th</sup>

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room



### Wednesday, November 5<sup>th</sup>

10:00am- Reading Group & Coffee! -RDC

1:00pm- Harp Music with Shari Sarazin! -FLC

2:30pm- Pet Therapy Visits with Sue & Curly! -Room to Room

3:00pm- Making A Gratitude Tree! -RDC



**Thursday, November 6<sup>th</sup>**

9:30am- Pet Therapy Visits with Nancy & Walley! -Room to Room

9:45am- Rosary -FLC

10:00am- Mass -FLC

1:30pm- Resident Meeting & Treat! -RDC



**Friday, November 7<sup>th</sup>**

10:00am- Worship Service with Pastor Linda- FLC

1:30pm- Music Entertainment with Steven Freehill! -FLC

**Saturday, November 8<sup>th</sup>**

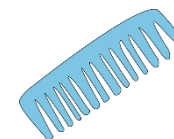
1:30pm- Bingo! -RDC

*\*Please recycle this packet 😊\**



Beauty Shop:

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

**Euchre will take place in the RDC @2:30pm every Tuesday afternoon pending there are enough players**

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

**All of these services are offered *free* of charge!**

**All programs are subject to change**

# **LUNCH/SUPPER MENU SUBSTITUTION LIST**

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich  
Grilled Cheese Sandwich  
Boneless Chicken Breast  
Hamburger on a Bun  
Hot Dog on a Bun  
Cold Cheese Sandwich  
Peanut Butter & Jelly Sandwich  
Poached, Fried, Hard Boiled or Scrambled Egg  
Varied Meat or Meat Salad Sandwich  
Soups – Tomato, Chicken Noodle, Broth  
Chef's Salad  
Chicken Caesar Salad  
Baked Potato with toppings

## MENU- Week 4

### Saturday, November 1<sup>st</sup>

Lunch: Hungarian Goulash over Egg Noodles, Cauliflower, Lettuce Salad, Banana Crème Pie, Bread Stick

Supper: Hot Dog on a Bun, Western Baked Beans, Jell-O Cubes, Tropical Fruit

### Sunday, November 2<sup>nd</sup>

Lunch: Glazed Ham, German Potato Salad, Wax Beans, Honey Dew Melon, German Chocolate Cake

Supper: Vegetable Beef Soup, Turkey Salad Sandwich, Pineapple, Cookie

### Monday, November 3<sup>rd</sup>

Lunch: Baked Chicken, Risotto, Carrots, Pickled Beets, Sour Cream Raisin Pie

Supper: Stuffed Green Peppers, Mandarin Orange Salad, Sherbet, Dinner Roll

### Tuesday, November 4<sup>th</sup>

Lunch: Spare Ribs, Dumplings w/Gravy, Sauerkraut, Pears, Danish Rice Pudding

Supper: Broccoli Cheese Soup, Ham Salad Sandwich, Strawberry Rhubarb Sauce, Peanut Butter Bar

### Wednesday, November 5<sup>th</sup>

Lunch: Garlic Butter Tenderloins, Baked Potato, Vegetable Blend, Garden Salad, Ice Cream

Supper: Sloppy Joes, Macaroni Salad, Baked Apple Slices, Rice Krispie Bar

### Thursday, November 6<sup>th</sup>

Lunch: Pork Loin, Mashed Potatoes w/Gravy, Scalloped Corn, Pickles, Banana Split Dessert

Supper: Omelet Supreme, Hash Browns, Watermelon, Tollhouse Bar

### Friday, November 7<sup>th</sup>

Lunch: Shrimp Scampi, Wild Rice, Peas, Tomato Slices, Black Forest Cake

Supper: Chicken Dumpling Soup, Cheese Sandwich, Fruit Cocktail, Vanilla Pudding

### Lunch

- |                        |                   |
|------------------------|-------------------|
| • Dorset Dining        | 10:40am - 11:00am |
| • Mitchell Room Trays  | 11:05am - 11:20am |
| • Mitchell Dining Room | 11:30am - 11:50am |

### Supper

- |                        |                 |
|------------------------|-----------------|
| • Dorset Dining Room   | 4:00pm - 4:20pm |
| • Mitchell Room Trays  | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 5:00pm - 5:20pm |