Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No	vemb	er 20	125		November 1 Crossword Puzzle- Building 1 Library
			L/SL			1:00 Movie: Secondhand Lions-T
Happy 2	9:30 Strong 3	4 10:00 Knitting-CL*	9:00 Exercise-A <b>5</b> 9:45 Pastor Chat-BB	10:00 Bible Study-CL6	7	Honoring 8
Daylight Savings! Remember to "Fall	Bones-A	1:00 Euchre-CL*	10:30 Rosary-A	10:30 Picking Out December Movies-T	9:30 Chair Yoga-A 11:00 Bingo-CL	Veteran's Word
Back" one hour!	11:00 Bingo-2DR	1:30 Joe Cody	2:00 Church-A	1:00 Dementia	1:30 Christmas	Search Puzzle- Building 1 Library
Enjoy your extra	3:00 Pet Visits-B 4:00 BYOB Happy	Performance-A	3:00 Sing Along-CR*	Presentation-A	Shopping: Trip	· ·
hour of sleep ⊚	Hour-CL/BB*	3:00 Movie: Flika-T	3:00 Pet Visits-BB 3:30 Knit &Chat-BB*	2:00 TV Series-T	to Walmart-B	1:00 Movie: <i>Wilson</i> -T
Daylight Saving Time Ends	10:00 Catholic 10	10:00 Knitting-CL* <b>11</b>	9:00 Strong <b>12</b>	3:00 Jeopardy-3CA 10:00 Bible Study <b>13</b>	14	
<b>J</b>	Mass-A	1:00 Euchre-CL*	Bones-A	w/ Pastor Mumm-CL*	9:30 Chair Yoga-A	Day Crossword
Scrabble is played	11:15 Bingo-2DR	2:30 Veteran's	9:45 Pastor Chat-BB	10:30-12 Voting	11:00 Bingo-BB	Puzzle-Building 1
every Wednesday  @ 6:00pm in the	3.30 Ailielica 3	Ceremony-A	10:30 Rosary-A	Question Booth-BB 2:00 TV Series:	1:30 Giving Hearts	Library
Club Lounge!	Sweethearts-A	3:00 Movie: <i>Lions For Lambs</i> -T	2:00 Church-A 3:00 Pet Visits-BB	Sullivan's Crossing-T	Choir-A 3:30 Jeopardy Vs.	1:00 Movie: <i>The</i>
Club Lourige:	4:00 BYOB Happy Hour-BB/CL*	Veterans Day Remembrance Day (Canada)	3:30 Knit &Chat-BB*	3:00 Jeopardy-3CA	EC North-A	Music Man-T
16		10:00 Knitting-CL <sup>18</sup>			21	22
	Bones-A	1:00 Euchre-CL*	9.45 Pasior Chai-bb	w/ Pastor Mumm-CL*	9:30 Chair Yoga-A	9:00-1:00pm
1:30 Living Word	11:00 Bingo-2DR	1:30-3:30 Viterbo	10:30 Rosary & Communion-A	1:00 Jeopardy-3CA 2:00 Tea @ Two	11:00 Bingo-CL	Holiday Bazaar-A
Church Hymnal	1:30 Ryan Howe Piano Music-A	Student Workshop-A 3:00 Movie: <i>Head</i>	2:00 Church-A	Presentation-A	3:00 Veteran's	
Sing Along-A*	4:00 BYOB Happy	Above Water-T	3:00 Pet Visits-BB	3:00 TV Series:	Get Together-CL*	1:00 Movie: <i>High</i>
	Hour-CL/BB*	6:00 Book Club-CL*	3:30 Knit &Chat-BB*	Sullivan's Crossing-T	_	Noon-T
Take N Make:	9:30 Strong <b>24</b>	10:00 Knitting-CL <b>25</b>			28	Thanksgiving 29
Turkey Cashew	Bones-A	11:00 Line	Bones-A	Thanksgiving! Pie Scavenger Hunt	9:30 Chair Yoga-A	Word Unscramble
Salad	11:00 Bingo-2DR	<b>Dancing-A</b> 1:00 Euchre-CL*	No Pastor Chat today! 10:30 Rosary-A	(11/27-12/5)	11:00 Bingo-BB	Puzzle-Building 1
*Delivered Monday	3:00 Pet Visits-B	3:00 Movie: <i>The</i>	2:00 Church-A	Grab a sheet from the	2:30 Holiday Crafts	Library
(11/24) between 2	4:00 BYOB Happy	Boy in the Striped	3:00 Pet Visits-BB	Library and turn in to	w/ Mallorie-AS	1:00 Movie: Hello,
3-5pm*	Hour-CL/BB*	Pajamas-T	3:30 Knit &Chat-BB*	LE for a prize! Thanksgiving Day (U.S.)		Dolly!-T
*!						
*Hand, Knee, & Foot Cards are	VA VA					No No
played every		•			6	
Tuesday & Sunday						
@ 1pm in the CR*						N.V.
					<u>k</u> (	

Please turn over for additional information & location keys for programs >

## STRONG BONES EXERCISE/CHAIR YOGA IN AUDITORIUM OR VIA ZOOM:

· No Sign-up required!

## · How to access Strong Bones via zoom:

- Download Zoom to your electronic device of choice and create an account (if you have not already)
  - Join our Zoom meeting by entering in the meeting ID: 79785075740
  - Please, note that it will ask for a password. The password is eaglecrest
- -Activities will start at the designated time. Please be sure you are connected before the activity begins.

## INDEPENDENTLY LED GROUPS (IN HOUSE TELEPHONE CONTACT):

- Folks at Ten Bob B. 12047
- Tea at Two Cheryl V. 15027
- Bible Study with Pastor Mumm Jim M. 14026
  - •Welcome to ECS Group Shirley D. 15005
    - Euchre Dick D. 15005
  - Facebook: Friends of ECS Dan M. 14000
    - Sing-Along Darlene L. 12010
    - Hand, Knee, & Foot Gail M. 14026
      - Book Club Mallorie T. 12737
      - Veteran's Group Dick D. 15005
        - Knit & Chat Marlie B. 12047
        - Hobby Shop Peter K. 15024
      - Men's Glee Club Mike P. 12109
        - Scrabble Liz A. 12004

## **ACTIVITY LOCATIONS:**

- AS: Art Studio (ECS 2, 1st floor)
- A: Auditorium (ECS 1, 2nd floor)
  - B: Bistro (ECS 1, 1st floor)
- BB: Blarney Bar (ECS 1, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CR: Community Room (ECS 2, 1st floor)
  - T: Theater (ECS 1, 2nd floor)
  - C: Craft Room (ECS 1, 1st floor)
    - AL: Assisted Living
- 2DR: Assisted Living 2<sup>nd</sup> Floor Dining Room
- 3CA: Assisted Living 3<sup>rd</sup> Floor Common Area

Please call Mallorie Trautsch, Life Enrichment Coordinator, at (608)791-2737 or #12737 if you have any questions or concerns.

Thank you!

All underlined activities indicate that a sign-up is required!