



Independent Living

SAMPLE DAILY MENU

SUNDAY

Chicken-A-La-King	\$8.00
Biscuits	
Mixed Vegetables	
Broccoli Cheese Soup	\$2.25
Raspberry Sherbet Cup	\$2.25

TUESDAY

Beef Taco Bake	\$8.00
Cilantro Lime Beans	
Southwest Slaw	
Minestrone Soup	\$2.25
Churro	\$2.25

THURSDAY

Tenderloin Steak w/ Herb Butter	\$8.00
Whipped Potatoes	
Asparagus	
Turkey Lasagna Soup	\$2.25
Pumpkin Bar	\$2.25

SATURDAY

Roasted Turkey Breast	\$8.00
Seasoned Potatoes	
Creamed Corn	
Chicken Wild Rice Soup.....	\$2.25
Strawberry Shortcake	\$2.25

MONDAY

Pork Steak w/ Apple Chutney	\$8.00
Whipped Sweet Potatoes	
Slow Roasted Cauliflower	
Chicken Dumpling Soup	\$2.25
Boston Cream Pie	\$2.25

WEDNESDAY

Garlic Herb Chicken	\$8.00
Shaved Parmesan Ravioli	
Apple Feta Spinach Salad	
Beer Cheese Soup	\$2.25
Bread Pudding.	\$2.25

FRIDAY

Oven Baked Haddock w/ Tropical Salsa	\$8.00
Lemon Risotto	
Broccolini	
Clam Chowder Soup	\$2.25
French Silk Pie	\$2.25

GRAB-N-GO BISTRO SELECTIONS

Assorted Sandwiches, Wraps, Salads, Fruit & Veggie Plates.....	\$5.00
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