

High Acuity Assisted Living

SAMPLE DAILY MENU

BREAKFAST

Poached Egg
Sausage Patty
Toast
Peaches
Cream of Wheat
Coffee, Tea, Milk & Juice

LUNCH

Slow Roasted Pork Steak
Sage Gravy
Baked Potato
Honey Maple Carrots
Minestrone Soup
Tiramisu Cake
Choice of Beverage

DINNER

Oven Baked Cod
Lemon Risotto
Roasted Asparagus
Ham & Bean Soup
Key Lime Pie
Choice of Beverage

ALA CARTE

Assorted Sandwiches & Salads
Cottage Cheese
Fresh Fruit

