

Assisted Living

SAMPLE DAILY MENU

BREAKFAST

Scrambled Eggs
Pancakes
Bacon
Toast
Cream of Wheat
Fresh Fruit
Pastries
Choice of Beverage

LUNCH

Slow Roasted Beef Tips
Roasted Red Potatoes
Asparagus
Broccoli Cheese Soup
French Silk Pie
Choice of Beverage

DINNER

Garlic Lemon Haddock
Yukon Whipped Potatoes
Snap Peas & Onions
Wild Mushroom Soup
Pumpkin Pie
Choice of Beverage

ALA CARTE

Garden Salad | Cold Cut Sandwich
Chicken Caesar Wrap | Cottage
Cheese | Fruit Plate

