




You're invited!

ECC LIFE COMMUNITY EDUCATION

 **TUESDAY, JULY 11**

 **2 PM**

 **EAGLE CREST SOUTH**
622 BENNORA LEE COURT
LA CROSSE, WI

 **RSVP BY SUNDAY, JULY 7TH**

Gretchen Kunz from Cass Street Pharmacy will discuss how as we age, many changes occur naturally in the body, affecting how medications work. There are certain medications that can lead to increased side effects and potentially lead to falls. We will discuss which drug classes are the biggest culprits, and how to manage unwanted side effects. We will also discuss strategies for safely documenting, storing and disposing of medications properly. Bring your own stock of medications as we work on creating an updated medication list and discuss common misconceptions in reading medication labels. We will focus on identifying strategies to taking your medications correctly and safely to improve your overall health.




**EAGLE CREST
COMMUNITIES**

Caring Since 1946

Register Now!

 marketing@eaglecrestlife.org

 **608-791-2702**