



RIVERSIDE RECREATION THERAPY INFORMER

November 20th-26th, 2022

RDC=Recreation Dining Center
FLC=Faith and Life Center



Monday, November 21st:

10:00am- Bible Study with Pastor Linda - RDC

1:30pm- Pumpkin Pie Social! - RDC



Tuesday, November 22nd:

10:00am- Chair Yoga with Jane! - RDC

1:15pm- Social! - RDC

1:30pm- BINGO! - RDC

2:30pm- Manicures - RDC



Wednesday, November 23rd:

10:00am- Worship Service - FLC

1:30pm- Music Entertainment with Frank Moore! - FLC

2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room



Thursday, November 24th:
Happy Thanksgiving!

Friday, November 25th:
No rec staff

Saturday, November 26th:
No rec staff



****Euchre games will be held on Mon, Wed, and Fri at 2:30pm in the RDC pending there are enough players***

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

MENU- Week 2

Saturday, November 19th

Lunch: Meatloaf, Scalloped Potatoes, Rutabagas, Marinated Carrot Salad, Apple Pie

Supper: Pork & Gravy over Mashed Potatoes, Green Beans, Banana, Cookie

Sunday, November 20th

Lunch: Chicken Supreme, Sour Cream & Chive Potatoes, Asparagus, Watermelon, Jell-O Cake, Homemade Bread

Supper: Mushroom Swiss Burger, Potato Salad, Pickles, Ice Cream

Monday, November 21st

Lunch: Short Ribs, Boiled Potatoes, Cabbage & Carrots, Lime Mist Salad, Raspberry Cheesecake

Supper: Pancakes w/Maple Syrup, Sausage Links, Apricots, Pistachio Fluff

Tuesday, November 22nd

Lunch: Breaded Pork Steak, Au Gratin Potatoes, Beets, Three Bean Salad, Peach Crisp

Supper: Wild Rice Soup, Summer Sausage Sandwich, Mandarin Oranges, Cream Cheese Brownies

Wednesday, November 23rd

Lunch: Baked Ham, Sweet Potatoes, Wax Beans, Coleslaw, Strawberry Pie

Supper: Chicken Pesto Pasta, Pineapple, Caramel Butter Bar, Variety Bread

Thursday, November 24th Happy Thanksgiving!

Lunch: Roast Turkey, Dressing w/Gravy, Green Beans, Cranberry Sauce, Dinner Rolls, Pumpkin or Pecan Pie

Supper: Beer Cheese Soup, Chicken Salad Sandwich, Fruit Cup, Lemonade Dessert

Friday, November 25th

Lunch: Crumb Top Baked Fish, Baked Potato, Mixed Veggies, Strawberries, Lorna Doone Dessert

Supper: Chicken Cordon Bleu, Peas, Red Grapes, Nutcracker Sweets

Lunch

Supper

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| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |