

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2022

## Memory Care 1

|   |   |  |  |   |  |  |
|---|---|--|--|---|--|--|
|   |   |  |  | 1<br>10:30 Tom Conrad Music (CR)<br>3:00 Dance Exercise<br><u>6:15 1:1 Activity</u>                             | 2<br>9:00 Daily Chronicle<br><u>2:00 Bingo</u><br><u>6:15 Movie Night!</u>                   | 3<br><u>10:45 Sit and Stretch</u><br><u>3:00 *Under the Sea-Story</u><br><u>6:15 Read Aloud</u>  |
| 4<br><u>10:45 Hallway Walks</u><br><u>3:00 Nail Care</u><br><u>6:15 UNO</u>   | 5<br>10:45 Hangman: Occupations<br><b>HAPPY LABOR DAY!</b><br><small>Labor Day</small>      | 6<br>9:00 Daily Chronicle<br>3:30 Poetry of the Ocean (SR)<br><u>6:15 3 In A Row</u>                 | 7<br><u>9:00 True or False</u><br><u>1:15 Church</u><br><small>*please gather residents in living room</small><br>3:15 3's Dice<br><u>6:15 Nail Care</u>                                       | 8<br><u>10:45 Sitting Exercises</u><br>3:15 Who Am I?<br><u>6:15 PM Refreshments w/ Music</u>                   | 9<br>10:45 Pirate Bingo<br>3:15 Travelogue: Tortuga<br><u>6:15 Movie Night!</u>              | 10<br><u>10:45 Target Toss</u><br><u>3:00 1:1's</u><br><u>6:15 *Mental Worksheet</u>   |
| 11<br><u>10:45 *Origins of Grandparents Day</u><br><u>3:00 Crosswords</u><br><u>6:15 *Special Bond Reading</u><br><small>Grandparents Day</small> | 12<br>10:00 Catholic Mass (A)<br>3:15 Star of the Month<br>5:30 Nail Care                   | 13<br>9:00 Would You Rather<br>3:15 Fingerprint Activity<br><u>6:15 *1:1 Activity</u>                | 14<br><u>9:00 *Current Events</u><br><u>1:15 Church</u><br><small>*please gather residents in living room</small><br>3:30 Wisconsin Trivia<br><u>6:15 *Finish the Song Title</u>               | 15<br>10:45 GRAND Bingo<br>3:00 Dance Exercise<br><u>6:15 *Sudoku</u>   | 16<br>9:00 Daily Chronicle<br>3:15 Happy Hour!<br><u>6:15 Movie Night!</u>                   | 17<br><u>10:45 Sit and Stretch</u><br><u>3:00 Listen to Elvis Songs</u><br><u>6:15 Oktoberfest Word Search</u><br><small>Oktoberfest Begins</small>        |
| 18<br><u>10:45 Hallway Walks</u><br><u>3:00 Word Unscramble</u><br><u>6:15 1:1's</u>  | 19<br>10:30 Harp Music (CR)<br>3:15 Familiar Faces Bingo<br>5:30 You Be the Judge           | 20<br>9:00 Guess The Occupation<br>3:15 FALL Word Game<br><u>6:15 Walks Outside</u>                  | 21<br><u>9:00 *Good News</u><br><u>1:15 Church</u><br><small>*please gather residents in living room</small><br>3:15 Bowling Dice<br><u>6:15 *Finish the Song Title</u>                        | 22<br>9:00 Daily Chronicle<br>3:30 Nail Care<br><u>6:15 *Discuss and Recall</u><br><small>Autumn Begins</small> | 23<br>10:45 Traditional Bingo<br>3:15 Apple Pie Bites<br><u>6:15 Movie Night!</u>            | 24<br><u>10:45 Name That Tune</u><br><u>3:00 Mandala Coloring</u><br><u>6:15 6,5,4 Dice</u>  |
| 25<br><u>10:45 Hallway Walks</u><br><u>3:00 Garbage Card Game</u><br><u>6:15 60's Rewind</u><br><small>Rosh Hashanah Begins</small>               | 26<br>10:45 Strong Bones<br>3:15 Hanging Wreaths<br><u>6:15 Oktoberfest Coloring Sheets</u> | 27<br>9:00 Oktoberfest Trivia<br>3:00 Where In The World Am I?<br><u>6:15 Listen to German Music</u> | 28<br><u>9:00 *History of the Dirndl</u><br><u>1:15 Church</u><br><small>*please gather residents in living room</small><br>3:15 Temporary Tattoo Station<br><u>6:15 All About Oktoberfest</u> | 29<br>10:45 Oktoberfest Bingo<br>3:15 Oktoberfest Social!<br><u>6:15 *Near "Beer" Fill in the Blank</u>         | 30<br>9:00 Daily Chronicle<br><u>3:00 *Oktoberfest Worksheet</u><br><u>6:15 Movie Night!</u> | <b>KEY</b><br>A → Auditorium (2 <sup>nd</sup> Floor ECS1)<br>SR → Sunroom (Hall 1)<br><u>Underlined → Rec Aid/RCA Led</u><br>* → found in activity folders |

Questions? Can't Find Something? Contact Nicole Perreault, Memory Care Specialist at 608-881-0207