



RIVERSIDE

RECREATION THERAPY INFORMER

July 31st - August 6th, 2022

Monday, August 1st:

- 10:00am- Bible Study with Alex - RDC
- 1:30pm- Water Balloon Games! - Courtyard
- 2:30pm- Euchre - RDC
- 3:00pm- Craft: Popsicle Stick DIY Flowerpot! - RDC

Tuesday, August 2nd:

- 10:00am- Chair Yoga with Jane! - RDC
- 1:15pm- Social! - RDC
- 1:30pm- BINGO! - RDC
- 2:30pm- Manicures - RDC

Wednesday, August 3rd:

- 7:30am- Pontoon Boat Ride! Please let staff know if you are interested.
- 1:00pm- Harp Music with Shari Sarazin! - FLC
- 2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room
- 2:30pm- Euchre - RDC
- 3:00pm- BINGO Bucks Store! - RDC

RDC=Recreation Dining Center
FLC=Faith and Life Center



Thursday, August 4th:

9:45am- Rosary- FLC

10:00am- Mass - FLC

1:30pm- Playing “Wheel of Fortune”! - RDC

3:00pm- Craft: “Door Wreaths”! - RDC

Friday, August 5th:

10:00am- Worship Service - FLC

1:30pm- Walmart Outing! Please let staff know if you are interested.

2:30pm- Euchre - RDC

3:00pm- Ice Cream Float Social! (Root Beer, Orange, or Cherry Floats 😊) - RDC

Saturday, August 6th:

1:30pm- BINGO!!! - RDC

2:30pm- Communion - RDC



Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

MENU- Week 4

Saturday, July 30th

Lunch: Swedish Meatballs, Boiled Potatoes w/Gravy, Broccoli, Cottage Cheese, Cherry Dessert

Supper: Open Face Turkey & Gravy on a Bun, Carrots, Cranberry Sauce, Butterscotch Pudding

Sunday, July 31st

Lunch: Roast Pork, Mashed Potatoes w/Gravy, Asparagus, Seven Layer Salad, Majestic Squares

Supper: Minestrone Soup, Cheese Sandwich, Pear Sauce, Ice Cream

Monday, August 1st

Lunch: Cheeseburger on a Bun, Seasoned Steak Fries, Pickles, Tomato Slices, Peach Cobbler

Supper: Beef Chop Suey over Rice, Honeydew Melon, Cookie, Everything Bread

Tuesday, August 2nd

Lunch: Baked Chicken, Dressing w/Gravy, Squash, Cranberry Sauce, Pumpkin Cake, Lefse

Supper: Bean Soup, Egg Salad Sandwich, Apricots, Custard

Wednesday, August 3rd

Lunch: Spaghetti w/Meat Sauce, Cauliflower, Fruit Cup, Rhubarb Cake, Garlic Toast

Supper: Pancakes w/Maple Syrup, Sausage, Watermelon, Angel Dessert

Thursday, August 4th

Lunch: Beef Short Ribs, Boiled Potatoes, Cabbage Au Gratin, Cucumber Salad, Blueberry Cheesecake

Supper: Potato Chowder, Ham Salad Sandwich, Banana, Blondie Bar

Friday, August 5th

Lunch: Baked Fish, Baked Potato, Veggie Blend, Peaches, Caramel Brownies

Supper: Chicken Cordon Bleu, Peas, Applesauce, Vanilla Pudding

Lunch

Supper

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| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |