



# RIVERSIDE

## RECREATION THERAPY INFORMER

August 14<sup>th</sup>-20<sup>th</sup>, 2022

### Monday, August 15<sup>th</sup>:

- 10:00am- Bible Study with Pastor Linda - RDC
- 1:30pm- Bee Presentation with Alex! - FLC
- 3:00pm- Craft: Paper Mache Donuts! - RDC

### Tuesday, August 16<sup>th</sup>:

- 10:00am- Chair Yoga with Jane! - RDC
- 1:15pm- Social! - RDC
- 1:30pm- BINGO! - RDC
- 2:30pm- Manicures - RDC

### Wednesday, August 17<sup>th</sup>:

- 10:00am- 1:1 Visits with Rec Staff- Room to room
- 1:30pm- Music Entertainment with Tom Conrad! - FLC
- 2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room
- 3:00pm- Bingo Bucks Store! - RDC

RDC=Recreation Dining Center  
FLC=Faith and Life Center



**Thursday, August 18<sup>th</sup>:**

**9:30am-** Pet Therapy Visits with Nancy and Walley! - Room to room

**9:45am-** Rosary- FLC

**10:00am-** Mass - FLC

**1:30pm-** Music Entertainment with The Grumpy Old Men! - FLC

**3:00pm-** Craft: Styrofoam Bowl Turtle Craft! - RDC

**Friday, August 19<sup>th</sup>: *Preseason Packer game at 7:30pm!!***

**10:00am-** Worship Service - FLC

**1:30pm-** Satisfaction Survey Group! - Room to Room

**2:30pm-** Football Trivia and Popcorn! - RDC

**Saturday, August 20<sup>th</sup>:**

**1:30pm-** BINGO!!! - RDC

**2:30pm-** Communion - RDC



***\*Euchre games will be held on Mon, Wed, and Fri at 2:30pm in the RDC pending there are enough players***

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

**All programs are subject to change**

## MENU- Week 2

### Saturday, August 13<sup>th</sup>

Lunch: Glorified Pork Chop, Boiled Potatoes, Spinach, Pea Salad, Carrot Cake  
Supper: Shrimp Pasta Salad, Banana, Chocolate Almond Dessert, Variety Bread

### Sunday, August 14<sup>th</sup>

Lunch: Orange Chicken, Fried Rice, Sugar Snap Pea Pods, Pineapple, Ice Cream  
Supper: Broccoli Cheese Soup, Ham Sandwich, Strawberries, Cookie

### Monday, August 15<sup>th</sup>

Lunch: Beef Stew, Dumplings, Cottage Cheese, Cherry Pie, Fresh Baked Bun  
Supper: Chili Dogs on Buns, Potato Salad, Cantaloupe, Banana Bar

### Tuesday, August 16<sup>th</sup>

Lunch: Pork Roast, Mashed Potatoes w/Gravy, Squash, Deviled Eggs, Apple Crisp  
Supper: French Toast Sticks w/Maple Syrup, Bacon, Apricots, Fudge Oat Bar

### Wednesday, August 17<sup>th</sup>

Lunch: Roast Turkey, Cheesy Hash Browns, Western Baked Beans, Fruited Jell-O, Peach Dump Cake  
Supper: Pesto Chicken Pasta w/Spinach, Hawaiian Fruit Salad, Caramel Butter Bar, Variety Bread

### Thursday, August 18<sup>th</sup>

Lunch: Salisbury Steak, Boiled Potatoes, Asparagus, Marinated Carrot Salad, Strawberry Pie  
Supper: BBQ Pork on a Bun, French Fries, Pears, Lemonade Dessert

### Friday, August 19<sup>th</sup>

Lunch: Shrimp Scampi, Sour Cream & Chive Potatoes, Mixed Veggies, Banana, Sherbet  
Supper: Vegetable Beef Barley Soup, Salmon Salad Sandwich, Watermelon, Pistachio Pudding

#### Lunch

#### Supper

- |                        |                   |                        |                 |
|------------------------|-------------------|------------------------|-----------------|
| • Dorset Dining        | 10:40am - 11:00am | • Dorset Dining Room   | 4:00pm - 4:20pm |
| • Mitchell Room Trays  | 11:05am - 11:20am | • Mitchell Room Trays  | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |