



RIVERSIDE

RECREATION THERAPY INFORMER

June 19th-25th, 2022



Sunday, June 19th: *Happy Father's Day!!*

Monday, June 20th:

- 10:00am- Coffee and Conversation - RDC
- 1:30pm- Minute to Win it Games! - RDC
- 2:30pm- Euchre - RDC

Tuesday, June 21st:

- 10:00am- Chair Yoga with Jane! - RDC
- 1:15pm- Social! - RDC
- 1:30pm- BINGO! - RDC
- 2:30pm- Manicures - RDC

Wednesday, June 22nd:

- 10:00am- 1:1 Visits - Room-to-room
- 1:30pm- Playing Pictionary with Nikki! - RDC
- 2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room
- 2:30pm- Euchre! - RDC

RDC=Recreation Dining Center
FLC=Faith and Life Center



Thursday, June 23rd:

9:45am- Rosary- FLC

10:00am- Mass - FLC

1:30pm- Resident Meeting and Popcorn - RDC

2:00pm- Milestone Anniversary! - RDC

Friday, June 24th:

8:00am- Outing: Pontoon Boat Ride and Fishing on Lake Onalaska! - Please let staff know if you are interested. There will be more opportunities to go this summer ☺ Please be in the front lobby by 7:30am.

10:00am- Worship Service - FLC

1:30pm- Cookies and Milk Social in honor of June Dairy Days! - RDC

2:30pm- Euchre! - RDC

Saturday, June 25th:

1:30pm- BINGO! - RDC

2:30pm- Catholic Communion – RDC



Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library-no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

MENU- Week 2

Saturday, June 18th

Lunch: Glorified Pork Chop, Boiled Potatoes, Spinach, Pea Salad, Carrot Cake

Supper: Shrimp or Chicken Pasta Salad, Banana, Chocolate Almond Dessert, Variety Bread

Sunday, June 19th

Lunch: Orange Chicken, Fried Rice, Sugar Snap Pea Pods, Pineapple, Ice Cream

Supper: Broccoli Cheese Soup, Ham Sandwich, Strawberries, Cookie

Monday, June 20th

Lunch: Beef Stew, Dumplings, Cottage Cheese, Cherry Pie, Fresh Baked Bun

Supper: Chili Dog on a Bun, Potato Salad, Cantaloupe, Banana Bar

Tuesday, June 21st

Lunch: Pork Roast, Mashed Potatoes w/Gravy, Squash, Deviled Eggs, Apple Crisp

Supper: French Toast Sticks w/Maple Syrup, Bacon, Apricots, Fudge Oat Bar

Wednesday, June 22nd

Lunch: Roast Turkey, Cheesy Hash Browns, Western Baked Beans, Fruited Jell-O, Peach Dump Cake

Supper: Pesto Chicken Pasta w/Spinach, Hawaiian Fruit Salad, Caramel Butter Bar, Variety Bread

Thursday, June 23rd

Lunch: Salisbury Steak, Boiled Potatoes, Asparagus, Marinated Carrot Salad, Strawberry Pie

Supper: BBQ Pork on a Bun, French Fries, Pears, Lemonade Dessert

Friday, June 24th

Lunch: Shrimp Scampi, Sour Cream & Chive Mashed Potatoes, Mixed Veggies, Banana, Sherbet

Supper: Vegetable Beef Barley Soup, Salmon Salad Sandwich, Watermelon, Pistachio Pudding

Lunch

Supper

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|------------------------|-------------------|------------------------|-----------------|
| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |