



# RIVERSIDE RECREATION THERAPY INFORMER

May 15<sup>th</sup>-21<sup>st</sup>, 2022



## Monday, May 16<sup>th</sup>: Welcome our new intern, Nicole!

10:00am- 1:1 Visits - Room to room

1:30pm- Craft: Rock Painting! - RDC

3:00pm- Euchre! - RDC

## Tuesday, May 17<sup>th</sup>:

10:00am- Yoga with Jane! - RDC

1:15pm- Social! - RDC

1:30pm- BINGO! - RDC

2:30pm- Manicures - RDC

## Wednesday, May 18<sup>th</sup>: Kinsey's Last Day ☹️

10:00am- Bible Study with Kinsey - RDC

1:30pm- Resident Meeting - RDC

2:00pm- Join us for treats and drinks to celebrate Kinsey! - RDC

2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room

3:00pm- Euchre! - RDC



RDC=Recreation Dining Center  
FLC=Faith and Life Center

**Thursday, May 19<sup>th</sup>:**

**9:30am-** Pet Therapy Visits with Nancy and Walley! - Room to room

**9:45am-** Rosary- FLC

**10:00am-** Mass - FLC

**1:30pm-** Music Entertainment with Tom Conrad! - FLC

**2:30pm-** Outdoor Visits and Popsicles! - Courtyard

**Friday, May 20<sup>th</sup>:**

**10:00am-** Worship Service - FLC

**2:00pm-** Music Entertainment with the Variety Singers! - FLC

**3:00pm-** Euchre! - RDC

**Saturday, May 21<sup>st</sup>:**

**1:30pm-** BINGO! - RDC

**2:30pm-** Catholic Communion – RDC

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library-no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

**All programs are subject to change**

## MENU- Week 1

### Saturday, May 14<sup>th</sup>

Lunch: Brat w/Kraut on a Bun, German Potato Salad, Baked Beans, Lemon Jell-O, Cherry Dump Cake

Supper: Macaroni & Cheese, Beets, Cantaloupe, Ice Cream

### Sunday, May 15<sup>th</sup>

Lunch: Baked Ham, Sweet Potatoes, Veggie Blend, Lettuce Salad, Strawberry Dessert, Dinner Roll

Supper: Tomato Soup, Grilled Cheese Sandwich, Apricots, Chocolate Butterscotch Dessert

### Monday, May 16<sup>th</sup>

Lunch: Roast Turkey, Dressing w/Gravy, Squash, Cranberry Sauce, Strawberry Rhubarb Pie

Supper: Goulash, Broccoli, Pears, Cookie

### Tuesday, May 17<sup>th</sup>

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Corn, Cucumber Salad, Tapioca Pudding

Supper: Chicken Salad w/Apple Rings, Honey Dew Melon, Ice Cream, Variety Bread

### Wednesday, May 18<sup>th</sup>

Lunch: Spare Ribs, Sauerkraut, Dumplings w/Gravy, Three Bean Salad, Texas Sheet Cake, Rye Bread

Supper: Cream of Mushroom Soup, Bologna Sandwich, Mandarin Oranges, Jell-O Cake

### Thursday, May 19<sup>th</sup>

Lunch: Hamburger Stroganoff over Egg Noodles, Glazed Carrots, Red Jell-O Cubes, Lemon Meringue Pie

Supper: Omelet Supreme, Hash Browns, Red Grapes, Vanilla Pudding

### Friday, May 20<sup>th</sup>

Lunch: Batter Fried Fish, French Fries, Asparagus, Coleslaw, Fruit Pizza

Supper: Chili, Watermelon, Peppermint Bon Bon Ice Cream, Cornmeal Muffin

### Lunch

### Supper

- |                        |                   |                        |                 |
|------------------------|-------------------|------------------------|-----------------|
| • Dorset Dining        | 10:40am - 11:00am | • Dorset Dining Room   | 4:00pm - 4:20pm |
| • Mitchell Room Trays  | 11:05am - 11:20am | • Mitchell Room Trays  | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |