



### AUTUMN EDITION 2021



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#### **OUR MISSION**

Rooted in Christian Faith Caring for Each Other Serving the Community

#### OUR CORE VALUES

Teamwork Respect Integrity Commitment Love

#### **BOARD OF DIRECTORS**

Lu Cagin - Chair Joe Zoellner- Vice Chair Pete Hansen - Treasurer Dyanne Brudos - Secretary Kenna Christians - Director Mike Flanagan - Director Sara Havens GHS - Director Leah Mudler - Director John Robinson - Director Todd Garves - CFO Todd Wilson - CEO

#### **OUR COMMUNITIES**

Eagle Crest South 608.791.2700

Eagle Crest North 608.779.1700

**Riverside** 608.406.3900

The Willows 608.406.3980

Cass Street 608.796.1091

The Heights 608.526.2635

Hearten House I 608.784.4511

Hearten House II 608.784.4522

Hearten House III 608.526.6796

Heights Town Homes 608.791.2709

# Connections

Improving the quality of life for our residents is a top priority at Eagle Crest Communities. Even with the challenges surrounding the Covid-19 pandemic we continue to update our facilities and look for ways to improve the quality of life for those we serve.

During this past year, we did major remodeling at Hearten House III in Holmen, and we are just finishing up remodeling at Hearten House I and II in La Crosse.

On the agenda for 2022 will be a major remodeling at Cass Street Assisted Living along with improvements to the parking lot. We also



have plans to move forward with an expansion at Riverside Transitional Care to add more private rooms and update existing rooms. 2022 will be another very busy year.

As we enter the holiday season, I ask that you consider a donation to Bethany Lutheran Homes/Eagle Crest Communities. As a non-profit organization, donations are essential to help with facility improvements and new projects. A donation to Bethany Lutheran Homes/Eagle Crest Communities is a great investment in the community.

Have a wonderful Holiday Season,

~ Todd D. Wilson, Chief Executive Officer

# A Sneak Peak



At Our Hearten House Remodels!

# Welcome Pastor Linda

### Greetings! I am your new Chaplain/Campus Pastor, and what a gift I have been given!

I was most recently serving a congregation and long term healthcare facility in Houston, Minnesota. I am very excited and grateful to be serving Eagle Crest Communities. I am led by Matthew 5:14-16 (MSG), "You're here to be light, bringing out the God-colors in the world. God is not a secret to be kept." As a born and raised city girl, my husband and I purchased a farm four years ago to experience country rural living. Caring for dogs, cats,

rabbit, mini donkeys, chickens, goats, cows and 70 acres of God's creation, I am easily distracted by farm life.

As a Chaplain, I will attend to the sacred stories of those confronting change in their lives. God is the source of all wholeness and comes near in the delightful, grateful, broken and despairing parts of life, even seeking them out. My intention is to help people move to a different phase of life with their faith and spiritual practices intact.

Clearly, in long-term care, there is the advantage of more time to spend with residents. This ultimately allows for deeper, more personal pastoral relationships between the chaplain, staff, resident and family members. There are many spiritual and emotional issues for those experiencing, serving and living in long-term care. The good news, though, is that the chaplain can journey with those involved as they process these emotions and feelings. In this setting, I will have the opportunity to get to know residents well – their interests, hobbies, life work, values and beliefs. I can encourage residents to reflect on their lives and redefine meaning and purpose for their future living in a long-term care community.



My time with residents, families, and staff may include offering

prayer, ritual, and/or sacraments; reading Scripture; participating in song; processing (e.g., helping others ask questions and address fears) and/or reframing a personal journey; accompanying a person during end-of-life care; or simply listening to what the resident has to say. When appropriate, I may also provide referrals or reconnect the resident to the faith community of his or her choice.

Perhaps the most important act of healing a chaplain can perform is speaking God's promise that you are known and loved by the God who made you, the one who accompanies your joy and sorrow with the promise of life after death. My hope is that the residents, family and staff will be strengthened by the love of this community.

### In Christ's Love,

Pastor Linda McPeak



Please check out our monthly events calendars at **www.eaglecrestlife.org** for the life enrichment activities and weekly devotions at each community.

Interested in seeing the fun social activities our residents get to enjoy? Check out our Facebook and Instagram pages **@eaglecrestcommunities** for the latest events and happenings at our communities!

# Eagle Crest South - Welcome Home!

## **TOWN CENTER**

- Market (1st floor)
- Bistro & Restaurant (1st floor)
- Blarney Bar (1st floor)
- Craft Room (1st floor)
- Coulee Bank (1st floor)
- Library (2nd floor)
- Chapel & Auditorium (2nd floor)
- Beauty Salon (2nd floor)
- Fitness Center (2nd floor)
- Movie Theater (2nd floor)
- Massage Room (2nd floor)
- Hobby Shop (Lower level)



Eagle Crest South opened in 2015 and has been very well received by the community. Construction is now complete on a fivestory addition making it the largest retirement community in western Wisconsin. Here, seniors live an exceptional lifestyle with a broad array of services and amenities to lead full, rich lives. To promote a strong sense of community where friends come together to exercise, meet for lunch, see a movie or share crafting ideas, Eagle Crest South offers an extraordinary Town Center and Village Square that nurtures the whole person. Whether seeking wellness, life-long learning, spirituality, or fellowship, the Town Center and Village Square are the hubs of the community.

























# VILLAGE SQUARE

- Market (1st floor)
- Club Lounge Bar (1st floor)
- Art Studio & Community Room (1st floor)
- Art Gallery (1st floor)
- Botanical Garden (1st floor)
- Library (2nd floor)
- Table Game Lounges (2nd-5th floors)
- Eagle's Nest, a 5th floor community room





622 Bennora Lee Court La Crosse, WI 54601 608.791.2702 marketing@eaglecrestlife.org

# Why Choose Eagle Crest Communities?

There is no doubt that this past year and a half has been taxing. On our residents, on our staff and on our community. Our commitment from our staff has been incredible during this time, and Eagle Crest Communities has chosen to properly thank our staff by committing to over \$800,000 in wage increases! We truly feel that our staff deserve the best, and are beyond excited to announce this increase.

Beyond the pay, why choose to work at Eagle Crest Communities? Working at one of our communities is more than just working a 9-5. It's getting to know our residents in an intimate setting. It's finding that work-life balance we are all striving towards. It's advancing into new opportunities you never knew were possible. We have incredible benefits, such as our 401K employer match program, our tuition reimbursement program, and our \$500 employee referral program. But what's more? We have a passionate team ready to help you learn and grow in your career.

### Join our team, and apply online at www.eaglecrestlife.org/careers.



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Tuition Investment

Advancement Opportunities

# We "Rec"ommend Joining Our Team!



**Miranda Rushlow:** Promoting her internal growth from an intern in Rec Therapy and then returning as Assistant Director of Rec Therapy, then to Director of Rec Therapy and Volunteer Coordinator

After graduating from UW- La Crosse, I started at Riverside in 2017 as a Recreation Therapy Assistant. I then happily came back in the fall of 2020 as the Assistant Director of Recreation Therapy. A few months later, I was promoted to Director of Recreation Therapy and Volunteer Coordinator!

I was so excited to see a position open at Riverside as it was so hard to leave three years ago. I loved everything about working at Riverside, my coworkers, the fantastic recreation department, but most importantly the residents. I was ecstatic for the opportunity to come back home to the La Crosse area to provide recreation therapy services to those within my hometown community.

It is hard to put into words the love I have for my profession and my position at Riverside. My favorite aspect of my job is building strong relationships with all of the residents and their families. Getting to know residents on a personal level allows me to strive

in my profession as I can personalize and create new programs in which they will not only enjoy, but that also provide opportunities to increase their social, emotional, physical, spiritual, and cognitive well-being. When it comes down to it, putting smiles on the faces of those I work with makes every day worthwhile.

# **Donations & Support**



Capital Fund William & Louise Temte

**Legacy Fund** The Rita McGaughey Charitable Gift Fund of Thrivent

# Employee Appreciation Fund

Brenda Rooney In Memory of "Kappy" Tausche Allan & Lynda Gorsett Lisa Izant Jerrine Kellicut Ann Konop Susan Wilhelm







Employee Recognition Fund

**Employee Recognition Fund** 

### **Tuition Incentive Program** In Memory of

"Kappy" Tausche Jeff & Pam Carter Natalie Huckle Jill & Greg Keck The Family of William Welch Sr. Steve Manske Joanne Nordeen Robert & Patricia McLoone Kari & Guy Schimenz Jacquelyn Seymour Carrie Stempski Chris & Myron Swenson Peter Tausche Michele Weber

#### Employee Giving Club

Donna BroganHaley MartinAndrea ByrneLori MikshowskySteven CookCarin MyhreCindy CraigShelly OlsonHannah FortPatrick SenzigTodd GarvesDebra StanhopeCathleen GrindeJames StenulsonKeri KruegerVickie StevensElizabeth KvistadTodd Wilson

It is our honor to express our sincere appreciation to the many wonderful people who help support Eagle Crest Communities.

### PayPal now available. Please visit us at: www.eaglecrestlife.org

## Eagle Crest Communities Donation Form

Helping Eagle Crest Communities continue to provide quality, compassionate care in the Coulee Region. Donations are gratefully received and tax deductible to the extent allowed by law.

La Crosse, WI 54602-2468

Payable to:

Eagle Crest Communities Mail to:

Eagle Crest Communities PO Box 2468



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Bethany Lutheran Homes, Inc.

