

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2021

Independent and Senior Living Calendar

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|---|---------------------------------------|
| | | | | | | 1 May Day |
| 2 WELCOME BACK HANNAH!! 10-11:30 Embroidery Club (BB) 11:00 Strong Bones (AUD) and Via Zoom. | 3 | 4 10:00 Men at Ten (CL) <i>2:00 Movie: Fried Green Tomatoes (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</i> | 5 9:30 Bible Study with Pastor Dennis (BB) 11:00 Book Club (AS) 3:30 Knitting (AS) <small>Cinco de Mayo</small> | 6 10:00 Bible Study with Pastor Mumm (CL) <i>2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available</i> | 7 9:45 Chair Yoga with Sara (AUD) 2:00 Weekly Spiritual Service with Pastor Lisa Independent Living and Senior Living Residents ONLY (AUD) | 8 |
| 9 <i>Happy Mother's Day</i> <small>Mother's Day</small> | 10 10:00 Catholic Mass with Father Kulas (AUD) 11:00 Strong Bones (AUD) and Via Zoom. | 11 <i>2:00 Movie: How to Steel a Million (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</i> | 12 9:30 Bible Study with Pastor Dennis (BB) 3:30 Knitting (AS) | 13 10:00 Bible Study with Pastor Mumm (CL) 1:00 Bunco (BB) <i>2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available</i> | 14 9:45 Chair Yoga with Sara (AUD) 2:00 Weekly Spiritual Service with Pastor Lisa Independent Living and Senior Living Residents ONLY (AUD) | 15 <small>Armed Forces Day</small> |
| 16 <small>Shavuot Begins</small> | 17 11:00 Strong Bones (AUD) and Via Zoom. | 18 <i>2:00 Movie: Bridges of Madison County (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</i> | 19 9:30 Bible Study with Pastor Dennis (BB) 3:30 Knitting (AS) | 20 10:00 Bible Study with Pastor Mumm (CL) 2:00 Tea at Two (AUD) <i>3:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available.</i> | 21 9:45 Chair Yoga with Sara (AUD) 2:00 Weekly Spiritual Service with Pastor Lisa Independent Living and Senior Living Residents ONLY (AUD) | 22 |
| 23 | 24 11:00 Strong Bones (AUD) and Via Zoom. <small>Victoria Day (Canada)</small> | 25 <i>2:00 Movie: Wonder (Sign up in the mail room) for Senior Living ONLY. Limited seating available.</i> | 26 9:30 Bible Study with Pastor Dennis (BB) 3:30 Knitting (AS) | 27 10:00 Bible Study with Pastor Mumm (CL) <i>2:00 Movie (sign up outside the theater) for Independent Living Plus ONLY. Limited seating available</i> | 28 9:45 Chair Yoga with Sara (AUD) 2:00 Weekly Spiritual Service with Pastor Lisa Independent Living and Senior Living Residents ONLY (AUD) | 29 |
| 30 | 31 MEMORIAL DAY <small>Memorial Day</small> | | | | | |

SEE BACK OF CALENDAR FOR INSTRUCTIONS ON HOW TO JOIN ACTIVITIES, CONTACT PERSON AND ACTIVITY'S LOCATION!

STRONG BONES EXERCISE IN AUDITORIUM OR VIA ZOOM:

- No Sign-up required!
- Please note, there are limited spots available each week.
- 15 spots are reserved for residents in AL and HAAL weekly (Subject to change depending on attendance).
- Masks must be worn the entire time of the program.
- Chairs **MUST** stay the way they are set up. Please **DO NOT** move the chairs.
- Weights are not required! We have limited weights, so feel free to bring your own weights.
- Activity will continue to be offered via zoom as well:
 - Download Zoom to your electronic device of choice and create an account (if you haven't already)
 - Join our Zoom meeting by entering in the meeting ID: 79785075740
 - Please note that it will ask for a password. The password is: eaglecrest
 - Activities will start at the designated time. Please be sure you are connected before the activity begins.

FRIDAY'S CHAIR YOGA WITH SARA:

- No Sign-up required!
- Sessions are 30 minutes each!
- Please note, there are limited spots available each week.
- Masks must be worn the entire time of the program.
- Chairs **MUST** stay the way they are set up. Please **DO NOT** move the chairs.

MOVIES IN THE THEATRE:

- All movies have a sign-up sheet that is posted every Wednesday, the week prior. If you are interested, please write your name on the list.
- Senior Living's sign-up is posted in the mailroom, and Independent Living's sign-up is posted on the theatre door.
- Please note that there is a limit of 14 people per movie showing.
- Masks must be worn for the entire movie!

ACTIVITY LOCATIONS:

- AS: Art Studio (ECS 2, 1st floor)
- CL: Club Lounge (ECS 2, 1st floor)
- CM: Community Room (ECS 2, 1st floor)
- AUD: Auditorium (ECS 1, 2nd floor)
- BB: Blarney Bar (ECS 1, 1st floor)

SPIRITUAL SERVICE WITH PASTOR LISA & FATHER KULAS:

- No Sign-up required!
- Please note, there are limited spots available each week.
- Masks must be worn the entire time of the program.
- Chairs **MUST** stay the way they are set up. Please **DO NOT** move the Chairs!

INDEPENDMENT LED GROUPS (IN HOUSE TELEPHONE CONTACT) THESE ARE NOT LED BY LIFE ENRICHMENT!

- Men at Ten – Bob B. 12308
- Knitting Club – Kathy G. 12200
- Book Club – Kathy G. 12200
- Embroidery Club – Kathy G. 12200
- Tea at Two – Marlie B. 12308
- Bible Study with Pastor Mumm – Wyonne R. 12018
- Bible Study with Pastor Dennis – Cheryl. 10200
- Bunco – Mary G. 12105
- Catholic Mass with Father Kulas – Lucy. 12713