

## February 22<sup>nd</sup> – February 28<sup>th</sup> Recreation Activities

### Memory Care 1

#### Monday, February 22<sup>nd</sup>

9:30 Horse Racing Game

1:30 PM Refreshments with Daily Chronicles

5:45 Alphabet ball

#### Tuesday, February 23<sup>rd</sup>

9:30 Strong Bones exercise

1:30 PM Refreshments with Trivia

2:15 Sing-along

5:45 Foot Golf

#### Wednesday, February 24<sup>th</sup>

9:30 Weekly Spiritual Reading

1:00 2 Truth and a Lie!

5:45 Movie Night with Popcorn

#### Thursday, February 25<sup>th</sup> – VACCINE DAY!

9:30 Sitting exercise

2:00 PM Refreshments with Daily Chronicles

5:45 Poetry Reading

#### Friday, February 26<sup>th</sup>

9:30 Alphabet Game

1:30 February Birthday Party

5:45 Random Trivia

#### Saturday, February 27<sup>th</sup>

9:30 Sitting Exercises

1:30 PM Refreshments with Coloring

5:45 Prices from the 1970s

#### Sunday, February 28<sup>th</sup>

9:30 Balloon Volleyball

1:30 PM Refreshments with Sing-Along

5:45 Hand massages and manicures

Underline=RCA Led Activities

Questions? See Lucy Lee, Interim Life  
Enrichment Coordinator 608.791.2713 or  
[lee@eaglecrestlife.org](mailto:lee@eaglecrestlife.org)



## February 22<sup>nd</sup> – February 28<sup>th</sup> Recreation Activities

### Memory Care 2

#### Monday, February 22<sup>nd</sup>

10:15 Horse Racing Game

1:30 PM Refreshments with Coloring

5:45 Alphabet ball

#### Tuesday, February 23<sup>rd</sup>

10:15 Strong Bones exercise

2:00 PM Refreshments with Daily Chronicles

3:00 Sing-along

5:45 Poetry Reading

#### Wednesday, February 24<sup>th</sup>

10:15 Weekly Spiritual Reading

2:00 2 Truth and a Lie!

5:45 Movie Night with Popcorn

#### Thursday, February 25<sup>th</sup> – VACCINE DAY!

10:15 Sitting exercise

2:00 PM Refreshments with Music

5:45 Foot Golf

#### Friday, February 26<sup>th</sup>

10:15 Alphabet Game

2:30 February Birthday Social

5:45 Random Trivia

#### Saturday, February 27<sup>th</sup>

10:15 Sitting Exercises

1:30 PM Refreshments with Daily Chronicles

5:45 Prices from the 1970s

#### Sunday, February 28<sup>th</sup>

10:15 Balloon Volleyball

1:30 PM Refreshments with Sing-Along

5:45 Hand massages and manicures

Underline=RCA Led Activities

Questions? See Lucy Lee, Interim Life  
Enrichment Coordinator 608.791.2713 or  
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# February 22<sup>nd</sup>-February 28<sup>th</sup> Recreation Activities

## Memory Care 3

### Monday, February 22<sup>nd</sup>

9:30 Ring Toss

1:30 PM Refreshments with Sing-Along

1:30 Strong Bones Exercise

5:45 Evening Crosswords!

### Tuesday, February 23<sup>rd</sup>

9:30 Bowling

1:30 Travelogue: Germany

2:00 PM Refreshments with Relaxation Time

5:45 Trivia Night!

### Wednesday, February 24<sup>th</sup>

9:30 Flyswatter Ball

2:00 PM Refreshments with Daily Chronicle

2:30 Relaxation Time

5:45 Color Your Hometown

### Thursday, February 25<sup>th</sup> – VACCINE DAY!

9:30 Sitting Exercises

2:00 PM Refreshments with Trivia

5:45 Chicken Soup for the Soul Reading

### Friday, February 26<sup>th</sup>

9:30 Frisbee Toss

1:30 Pillowcase Decorating

2:00 PM Refreshments with Relaxation Time

5:45 Hangman

### Saturday, February 27<sup>th</sup>

9:30 Sitting Exercises

2:00 PM Refreshments with Daily Chronicle

5:45 Movie Night!

### Sunday, February 28<sup>th</sup>

9:30 Spelling Bee!

2:00 PM Refreshments with Color Your Mandala

5:45 Balloon Volleyball

Underline=RCA Led Activities

Questions? See Lucy Lee, Interim Life Enrichment Coordinator 608.791.2713 or [llee@eaglecrestlife.org](mailto:llee@eaglecrestlife.org)



# February 22<sup>nd</sup>-February 28<sup>th</sup> Recreation Activities

## Memory Care 4

### Monday, February 22<sup>nd</sup>

10:30 Ring Toss

2:00 PM Refreshments with Sing-Along

2:30 Strong Bones Exercise

5:45 Evening Crosswords!

### Tuesday, February 23<sup>rd</sup>

10:30 Flyswatter Ball

2:30 Travelogue: Germany

3:00 PM Refreshments with Color Your Mandala

5:45 Trivia Night

### Wednesday, February 24<sup>th</sup>

10:30 Bowling

1:30 PM Refreshments with Daily Chronicle

3:30 Bean Bag Toss

6:15 Color Your Hometown

### Thursday, February 25<sup>th</sup> – VACCINE DAY!

10:30 Sitting Exercises

3:00 PM Refreshments with Trivia

5:45 Chicken Soup for the Soul Reading

### Friday, February 26<sup>th</sup>

10:30 Frisbee Toss

2:30 Pillowcase Decorating

3:00 PM Refreshments with Relaxation Time

5:45 Hangman

### Saturday, February 27<sup>th</sup>

9:30 Sitting Exercises

1:30 PM Refreshments with Daily Chronicle

5:45 Movie Night!

### Sunday, February 28<sup>th</sup>

9:30 Spelling Bee!

2:00 PM Refreshments with Valentine's Coloring

5:45 Balloon Volleyball

Underline=RCA Led Activities

Questions? See Lucy Lee, Interim Life Enrichment Coordinator 608.791.2713 or [lee@eaglecrestlife.org](mailto:lee@eaglecrestlife.org)

