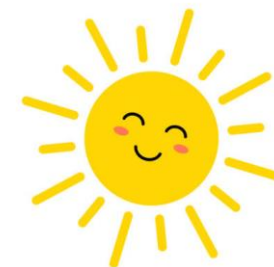


RIVERSIDE

RECREATION THERAPY INFORMER

June 9th-June 14th, 2025



RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, June 9th *Welcome back, Heidi!* ☺

10:00am- Bible Study with Pastor Linda - FLC

1:30pm- Q-Tip Painting! -RDC

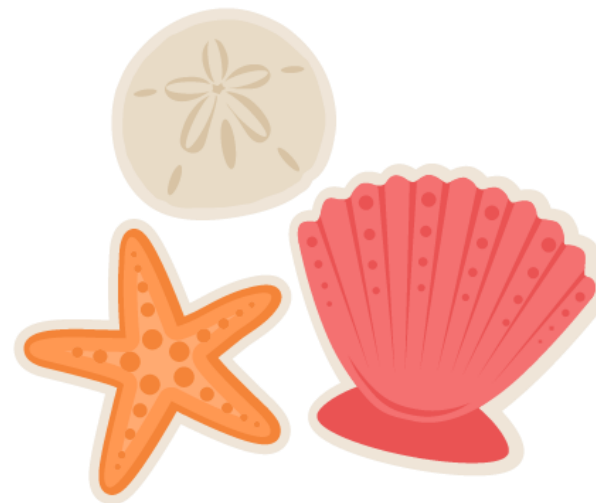
3:00pm- Yahtzee! -RDC

Tuesday, June 10th

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room



Wednesday, June 11th

9:30am- *Rescheduled* The Pearl Coffee Shop/Riverside Park Outing! (For those signed up)

Individual resident expenses will be charged to resident bill

1:00pm- Harp Music with Shari Sarazin! -FLC

2:30pm- Pet Therapy Visits with Sue & Curly! -Room to Room

3:00pm- Bird Club! –Courtyard (*Weather permitting*)

Thursday, June 12th

9:30am- Pet Therapy Visits with Nancy & Walley! -Room to Room

9:45am- Rosary - FLC

10:00am- Mass - FLC

1:30pm- Game Show: America Says! –RDC

3:00pm- Outdoor Visits! –Courtyard (*Weather permitting*)



Friday, June 13th

10:00am- Worship Service with Pastor Linda -FLC

1:30pm- Root Beer Floats! *Join for an early celebration of Father's Day!* -RDC

Saturday, June 14th

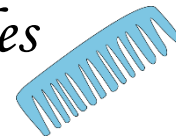
1:30pm- Bingo! -RDC

Please recycle this packet 😊



Beauty Shop: *Timeless Styles*

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊



Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 3

Saturday, June 7th

Lunch: Breaded Pork Steak, Sweet Potatoes, Peas, Pineapple w/Cottage Cheese, Bread Pudding

Supper: Turkey Club Sandwich, Potato Chips, Honey Dew Melon, Cookie

Sunday, June 8th

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Rutabagas, Cucumber Salad, Oreo Cheesecake

Supper: BBQ on a Bun, Macaroni Salad, Mixed Fruit, Ice Cream

Monday, June 9th

Lunch: Meatloaf, Scalloped Potatoes, Harvard Beets, Lettuce Salad, Blueberry Crumb Bar

Supper: Chicken Noodle Soup, Tuna Salad Sandwich, Grapes, Danish Rice Pudding

Tuesday, June 10th

Lunch: BBQ Chicken, Steak Fries, Corn, Coleslaw, Apple Cake

Supper: Cheesy Ham & Potato Bake, Peas, Peaches, Rice Krispie Bar

Wednesday, June 11th

Lunch: Tenderloin, Parmesan Crusted Potatoes, Veggie Blend, Banana, Cookies & Crème Pie

Supper: Hamburger Hash, Green Beans, Baked Apple Slices, Walnut Bar

Thursday, June 12th

Lunch: Chicken Stir Fry over Rice, Watermelon, Ice Cream, Homemade Bread

Supper: Beer Cheese Soup, Summer Sausage Sandwich, Tomato Slices, Mandarin Orange Cake

Friday, June 13th

Lunch: Crunch Top Fish, Baby Red Potatoes, Wax Beans, Chinese Veggie Salad, Lemon Bar

Supper: Roast Beef & Swiss Sandwich, Potato Salad, Strawberries, Cookie

Lunch

- | | |
|------------------------|-------------------|
| • Dorset Dining | 10:40am - 11:00am |
| • Mitchell Room Trays | 11:05am - 11:20am |
| • Mitchell Dining Room | 11:30am - 11:50am |

Supper

- | | |
|------------------------|-----------------|
| • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 5:00pm - 5:20pm |