



# RIVERSIDE RECREATION THERAPY INFORMER

## April 28<sup>th</sup>-May 3<sup>rd</sup>, 2025

RDC=Recreation Dining Center  
FLC=Faith and Life Center

### Monday, April 28<sup>th</sup>

10:00am- Bible Study with Pastor Linda - FLC

1:30pm- Carnival Games! *Including life-sized whack-a-mole!* -RDC

3:00pm- Craft: Yarn-wrapped Cats and Dogs! -RDC

### Tuesday, April 29<sup>th</sup> *Mitchell Special Breakfast 7:00am-9:00am*

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

### Wednesday, April 30<sup>th</sup>

10:00am- 1:1 Visits -Room to Room

1:30pm- Par"tea" Time! *Join us for a Tea Party in celebration of our rec. intern, Mikayla!* -RDC

2:30pm- Pet Therapy Visits with Sue & Curly! -Room to Room

3:00pm- Card Game: Crazy 8's! -RDC



**Thursday, May 1<sup>st</sup>** *Happy May Day!*

**9:30am-** Pet Therapy Visits with Nancy & Walley! -Room to Room

**9:45am-** Rosary - FLC

**10:00am-** Mass - FLC

**1:30pm-** Craft: May Day Baskets! –RDC

**4:30pm-** China Star Eat-in (*Please let staff know if you are interested by 11:00am today!*)

**\*Charges for this eat-in will appear on resident bill\***

**Friday, May 2<sup>nd</sup>** *Mikayla's Last Day!* ☹️

**10:00am-** Worship Service with Pastor Linda -FLC

**1:30pm-** Kentucky Derby Trivia Games! -RDC

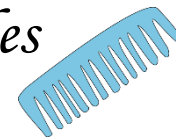
**Saturday, May 3<sup>rd</sup>**

**1:30pm-** Bingo! -RDC



**Beauty Shop:** *Timeless Styles*

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

**All programs are subject to change**

# LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich  
Grilled Cheese Sandwich  
Boneless Chicken Breast  
Hamburger on a Bun  
Hot Dog on a Bun  
Cold Cheese Sandwich  
Peanut Butter & Jelly Sandwich  
Poached, Fried, Hard Boiled or Scrambled Egg  
Varied Meat or Meat Salad Sandwich  
Soups – Tomato, Chicken Noodle, Broth  
Chef's Salad  
Chicken Caesar Salad  
Baked Potato with toppings

## MENU- Week 4

### Saturday, April 26<sup>th</sup>

Lunch: Brat w/Kraut on a Bun, German Potato Salad, Baked Beans, Lemon Jell-O, Cherry Dump Cake

Supper: Macaroni & Cheese, Beets, Cantaloupe, Ice Cream

### Sunday, April 27<sup>th</sup>

Lunch: Baked Ham, Sweet Potatoes, Veggie Blend, Lettuce Salad, Strawberry Dessert

Supper: Tomato Soup, Grilled Cheese Sandwich, Fruit Cocktail, Chocolate Butterscotch Dessert

### Monday, April 28<sup>th</sup>

Lunch: Roast Turkey, Dressing w/Gravy, Squash, Cranberry Sauce, Lemon Meringue Pie

Supper: Goulash, Broccoli, Pears, Cookie

### Tuesday, April 29<sup>th</sup>

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Corn, Cucumber Salad, Tapioca Pudding

Supper: Chicken Salad Plate, Honey Dew Melon, Ice Cream, Variety Bread

### Wednesday, April 30<sup>th</sup>

Lunch: Spare Ribs, Sauerkraut, Dumplings w/Gravy, Three Bean Salad, Texas Sheet Cake

Supper: Cream of Mushroom Soup, Bologna Sandwich, Mandarin Oranges, Jell-O Cake

### Thursday, May 1<sup>st</sup>

Lunch: Hamburger Stroganoff over Egg Noodles, Glazed Carrots, Green Jell-O Cubes, Strawberry Rhubarb Pie

Supper: Omelet Supreme, Hash Browns, Grapes, Vanilla Pudding

### Friday, May 2<sup>nd</sup>

Lunch: Batter Fried Fish, French Fries, Cauliflower, Coleslaw, Fruit Pizza

Supper: Chili, Watermelon, Mint Chocolate Chip Ice Cream, Cornbread

#### Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

#### Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm