



# RIVERSIDE RECREATION THERAPY INFORMER

## April 21<sup>st</sup>-April 26<sup>th</sup>, 2025



RDC=Recreation Dining Center  
FLC=Faith and Life Center

### Monday, April 21<sup>st</sup>

10:00am- 1:1 Visits –Room to Room

1:30pm- Wheel of Fortune: Spring Theme! -RDC

3:00pm- Straw Flower Painting! -RDC

### Tuesday, April 22<sup>nd</sup> 600 Special Breakfast: 7:00am-9:00am

10:00am- 1:1 Visits –Room to Room

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

### Wednesday, April 23<sup>rd</sup> Happy “Save the Rainforest Day!”

10:00am- 1:1 Visits -Room to Room

1:30pm- Make your own Rainforest Terrarium! -RDC

2:30pm- Pet Therapy Visits with Sue & Curly! -Room to Room

3:00pm- Game: Left, Right, Center! -RDC



### **Thursday, April 24<sup>th</sup>**

**9:30am-** Pet Therapy Visits with Nancy & Walley! -Room to Room

**9:45am-** Rosary - FLC

**10:00am-** Mass - FLC

**1:30pm-** Resident Meeting! –RDC

**3:00pm-** 1:1 Visits – Room to Room



### **Friday, April 25<sup>th</sup>**

**10:00am-** Worship Service with Pastor Linda -FLC

**1:30pm-** Monthly Birthday Party! *Join us to celebrate our April Birthdays!* -RDC

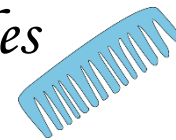
### **Saturday, April 26<sup>th</sup>**

**1:30pm-** Bingo! -RDC



**Beauty Shop:** *Timeless Styles*

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! ☺

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

**All of these services are offered *free* of charge!**

**All programs are subject to change**

# LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich  
Grilled Cheese Sandwich  
Boneless Chicken Breast  
Hamburger on a Bun  
Hot Dog on a Bun  
Cold Cheese Sandwich  
Peanut Butter & Jelly Sandwich  
Poached, Fried, Hard Boiled or Scrambled Egg  
Varied Meat or Meat Salad Sandwich  
Soups – Tomato, Chicken Noodle, Broth  
Chef's Salad  
Chicken Caesar Salad  
Baked Potato with toppings

## MENU- Week 3

### Saturday, April 19<sup>th</sup>

Lunch: Swedish Meatballs, Boiled Potatoes w/Gravy, Broccoli Bake, Cottage Cheese, Cherry Dessert

Supper: Open Face Turkey & Gravy on a Bun, Carrots, Cranberry Sauce, Butterscotch Pudding

### Sunday, April 20<sup>th</sup> Happy Easter!

Lunch: Baked Ham, Hash Brown Supreme, Veggie Blend, Strawberries, Lemon Meringue Pie, Dinner Rolls

Supper: Minestrone Soup, Cheese Sandwich, Pears, Easter Cut Out Cookie

### Monday, April 21<sup>st</sup>

Lunch: Cheeseburger on a Bun, Seasoned Steak Fries, Pickle, Tomato Slices, Peach Cobbler

Supper: Beef Chop Suey over Rice, Honeydew Melon, Cookie, Everything Bread

### Tuesday, April 22<sup>nd</sup>

Lunch: Baked Chicken, Dressing w/Gravy, Squash, Cranberry Sauce, Pumpkin Cake

Supper: Bean Soup, Egg Salad Sandwich, Pineapple, Custard

### Wednesday, April 23<sup>rd</sup>

Lunch: Spaghetti w/Meat Sauce, Cauliflower, Fruit Cup, Rhubarb Cake, Garlic Toast

Supper: Breakfast Casserole w/Sausage and Bacon, Watermelon, Angel Dessert, Blueberry Muffin

### Thursday, April 24<sup>th</sup>

Lunch: Beef Short Ribs, Boiled Potatoes, Cabbage Au Gratin, Cucumbers, Blueberry Cheesecake

Supper: Potato Chowder, Ham Salad Sandwich, Banana, Blondie Bar

### Friday, April 25<sup>th</sup>

Lunch: Baked Fish, Baked Potato, Veggie Blend, Peaches, Caramel Brownie

Supper: Chicken Cordon Bleu, Wild Rice, Applesauce, Vanilla Pudding

### Lunch

- |                        |                   |
|------------------------|-------------------|
| • Dorset Dining        | 10:40am - 11:00am |
| • Mitchell Room Trays  | 11:05am - 11:20am |
| • Mitchell Dining Room | 11:30am - 11:50am |

### Supper

- |                        |                 |
|------------------------|-----------------|
| • Dorset Dining Room   | 4:00pm - 4:20pm |
| • Mitchell Room Trays  | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 5:00pm - 5:20pm |