



RIVERSIDE RECREATION THERAPY INFORMER



July 7th-July 12th, 2025

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, July 7th

10:00am- Bible Study with Pastor Linda FLC0

1:30pm- Beaded Sun Catcher Craft! -RDC

3:00pm- "Unlucky 7s" Dice Game -RDC

Tuesday, July 8th

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

2:30pm- Euchre -RDC *Pending enough players*

Wednesday, July 9th

10:00am- 1:1 Visits -Room to Room

1:30pm- Outdoor Games! –Courtyard (*Weather Permitting*)

2:30pm- Pet Therapy Visits with Sue & Curly! -Room to Room

3:00pm- Jigsaw Puzzles! -RDC



Thursday, July 10th

9:30am- Pet Therapy Visits with Nancy & Walley! -Room to Room

9:45am- Rosary - FLC

10:00am- Mass - FLC

1:30pm- Jeopardy! -RDC



Friday, July 11th

10:00am- Worship Service with Pastor Linda -FLC

1:00pm- Chair Yoga with Heidi! -RDC

Saturday, July 12th

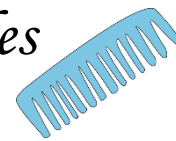
1:30pm- Bingo! -RDC

Please recycle this packet 😊



Beauty Shop: *Timeless Styles*

Open on Wednesdays



Call Erin at 608-406-3955 to make an appointment! 😊



Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 3

Saturday, July 5th

Lunch: Breaded Pork Steak, Sweet Potatoes, Peas, Pineapple w/Cottage Cheese, Bread Pudding

Supper: Turkey Club Sandwich, Potato Chips, Honey Dew Melon, Cookie

Sunday, July 6th

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Rutabagas, Cucumber Salad, Oreo Cheesecake

Supper: BBQ on a Bun, Macaroni Salad, Mixed Fruit Salad, Ice Cream

Monday, July 7th

Lunch: Meatloaf, Scalloped Potatoes, Harvard Beets, Lettuce Salad, Blueberry Crumb Bar

Supper: Chicken Noodle Soup, Tuna Salad Sandwich, Grapes, Danish Rice Pudding

Tuesday, July 8th

Lunch: BBQ Chicken, Steak Fries, Corn, Coleslaw, Apple Dump Cake

Supper: Cheesy Ham & Potato Bake, Peas, Peaches, Rice Krispie Bar

Wednesday, July 9th

Lunch: Tenderloin, Parmesan Crusted Potato, Veggie Blend, Banana, Cookies & Crème Pie

Supper: Hamburger Hash, Green Beans, Baked Apple Slices, Walnut Bar

Thursday, July 10th

Lunch: Chicken Stir Fry over Rice, Watermelon, Ice Cream, Homemade Bread

Supper: Beer Cheese Soup, Summer Sausage Sandwich, Tomato Slices, Mandarin Orange Cake

Friday, July 11th

Lunch: Crunch Top Baked Fish, Baby Red Potatoes, Wax Beans, Chinese Veggie Salad, Lemon Bar

Supper: Roast Beef & Swiss Sandwich, Potato Salad, Strawberries, Cookie

Lunch

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| • Dorset Dining | 10:40am - 11:00am |
| • Mitchell Room Trays | 11:05am - 11:20am |
| • Mitchell Dining Room | 11:30am - 11:50am |

Supper

- | | |
|------------------------|-----------------|
| • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 5:00pm - 5:20pm |