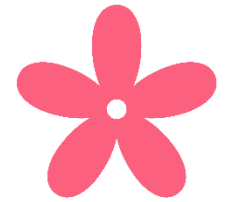


# RIVERSIDE RECREATION THERAPY INFORMER



May 5<sup>th</sup>-May 10<sup>th</sup>, 2025



RDC=Recreation Dining Center  
FLC=Faith and Life Center



**Monday, May 5<sup>th</sup>** *Happy Cinco de Mayo!*

10:00am- Bible Study with Pastor Linda - FLC

1:30pm- Craft: Tin Can Creatures! -RDC

**Tuesday, May 6<sup>th</sup>**

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room



**Wednesday, May 7<sup>th</sup>**

1:30pm- Outdoor Visits/Nature Scavenger Hunt! (*Weather permitting*) -Courtyard

2:30pm- Pet Therapy Visits with Sue & Curly! -Room to Room



**Thursday, May 8<sup>th</sup>**

**9:30am-** Pet Therapy Visits with Nancy & Walley! -Room to Room

**9:45am-** Rosary - FLC

**10:00am-** Mass - FLC

**1:00pm-** Jeopardy! -RDC

**Friday, May 9<sup>th</sup>**

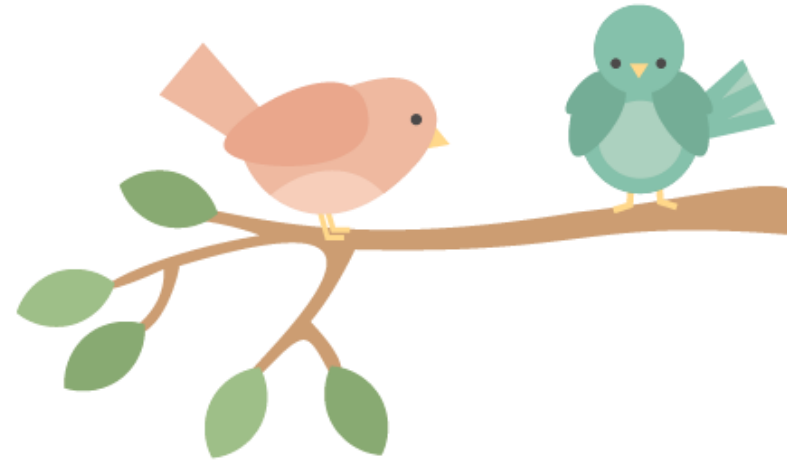
**10:00am-** Worship Service with Pastor Linda -FLC

**1:30pm-** Craft/Game: Cork Boat Races! -RDC

**3:00pm-** Game Time: Qwirkle! -RDC

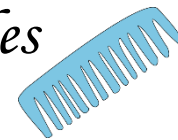
**Saturday, May 10<sup>th</sup>**

**1:30pm-** Bingo! -RDC



**Beauty Shop:** *Timeless Styles*

Open on Thursdays



Call Jackie at 608-406-3955 to make an appointment! 😊

## Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

**All of these services are offered *free* of charge!**

**All programs are subject to change**

# LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich  
Grilled Cheese Sandwich  
Boneless Chicken Breast  
Hamburger on a Bun  
Hot Dog on a Bun  
Cold Cheese Sandwich  
Peanut Butter & Jelly Sandwich  
Poached, Fried, Hard Boiled or Scrambled Egg  
Varied Meat or Meat Salad Sandwich  
Soups – Tomato, Chicken Noodle, Broth  
Chef's Salad  
Chicken Caesar Salad  
Baked Potato with toppings

## MENU- Week 2

### Saturday, May 3<sup>rd</sup>

Lunch: Glorified Pork Chop, Boiled Potatoes, Spinach, Lettuce Salad, Carrot Cake

Supper: Shrimp or Chicken Pasta Salad, Banana, Chocolate Almond Dessert, Variety Bread

### Sunday, May 4<sup>th</sup>

Lunch: Orange Chicken, Fried Rice, Seasoned Green Beans, Pineapple, Ice Cream

Supper: Broccoli Cheese Soup, Ham Sandwich, Strawberries, Cookie

### Monday, May 5<sup>th</sup>

Lunch: Beef Stew, Dumplings, Cottage Cheese, Peach Pie, Fresh Baked Bun

Supper: Chili Dogs, Potato Salad, Cantaloupe, Banana Bar

### Tuesday, May 6<sup>th</sup>

Lunch: Pork Roast, Mashed Potatoes w/Gravy, Squash, Deviled Eggs, Apple Crisp

Supper: French Toast Sticks w/Maple Syrup, Bacon, Fruit Cocktail, Fudge Oat Bar

### Wednesday, May 7<sup>th</sup>

Lunch: Roast Turkey, Cheesy Hash Browns, Western Baked Beans, Fruited Jell-O, Pumpkin Dessert

Supper: Pesto Chicken Pasta w/Spinach, Hawaiian Fruit Salad, Scotcharoos, Variety Bread

### Thursday, May 8<sup>th</sup>

Lunch: Salisbury Steak, Boiled Potatoes, Stewed Tomatoes, Marinated Carrot Salad, Strawberry Pie

Supper: BBQ Pork on a Bun, French Fries, Pears, Lemonade Dessert

### Friday, May 9<sup>th</sup>

Lunch: Shrimp Scampi, Sour Cream & Chive Mashed Potatoes, Mixed Veggies, Banana, Sherbet

Supper: Vegetable Beef Barley Soup, Egg Salad Sandwich, Watermelon, Pistachio Pudding

### Lunch

- Dorset Dining 10:40am - 11:00am
- Mitchell Room Trays 11:05am - 11:20am
- Mitchell Dining Room 11:30am - 11:50am

### Supper

- Dorset Dining Room 4:00pm - 4:20pm
- Mitchell Room Trays 4:25pm - 4:50pm
- Mitchell Dining Room 5:00pm - 5:20pm