

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:00 Newspaper Chat</p> <p>2:00 Adult Coloring &amp; Puzzle Work-WF</p> <p>2:30 Coffee Talk</p> <p>5:30 Bingo-C</p> <p><small>New Year's Day</small></p>	<p><b>2</b></p> <p><u>10:00 Arthritis Ex-A</u></p> <p><u>1:00 New Year's Resolution Jokes</u></p> <p>2:30 Coffee Talk</p> <p><u>5:30 Remembering Folk Songs of the 60's</u></p>	<p><b>3</b></p> <p><u>9:00 1:1 w/ Sam</u></p> <p>1:00 Pet visit w/ Murphy &amp; Spencer</p> <p>1:30 MC Fitness</p> <p>2:30 Coffee Talk</p> <p>5:30 UNO</p>	<p><b>4</b></p> <p><u>10:00 Cath. Rosary</u></p> <p>2:30 Coffee Talk</p> <p><u>3:00 Entertain: Shari Sarazin-A</u></p> <p><u>5:30 Travelogue</u></p>	<p><b>5</b></p> <p>10:45 Church</p> <p><u>1:00 Take down Christmas</u></p> <p>2:30 Coffee Talk</p> <p><u>5:30 Word Game</u></p>	<p><b>6</b></p> <p><u>9:00 Trivia</u></p> <p><u>10:00 Cath. Mass</u></p> <p>1:00 Flyswatter Balloon Game</p> <p>2:30 Coffee Talk</p> <p>5:30 Cover-all Game-C</p>	<p><b>7</b></p> <p>10:00 Manicures</p> <p>1:00 Holiday Cleanup Detective Game-WF</p> <p>2:30 Coffee Talk</p> <p>5:30 Poetry &amp; Discussion</p>
<p><b>8</b></p> <p>10:00 Newspaper Chat</p> <p>2:00 Baking: Peanut Butter &amp; Oat Cookies -WF</p> <p>2:30 Coffee Talk</p> <p>5:30 Crazy 8 -C</p>	<p><b>9</b></p> <p><u>10:00 Arthritis Ex-A</u></p> <p><u>1:00 1960's Trivia</u></p> <p>2:30 Coffee Talk</p> <p><u>5:30 It is Groovy in the 60's</u></p>	<p><b>10</b></p> <p><u>9:00 1:1 w/ Sam</u></p> <p>1:00 MC Fitness</p> <p>2:30 Coffee Talk</p> <p><u>3:00 The swinging 60's</u></p> <p>5:30 New Year's word search</p>	<p><small>(Donna off am)</small></p> <p><b>11</b></p> <p>10:00 Psychedelic Painted Plate Craft</p> <p><u>1:00 Ball Drum</u></p> <p>2:30 Coffee Talk</p> <p><u>5:30 Picture This</u></p>	<p><small>(Donna off pm)</small></p> <p><b>12</b></p> <p>10:45 Church</p> <p>2:30 Coffee Talk</p> <p><b><u>3:00 Dance Class</u></b></p> <p>5:30 Table Topics</p>	<p><b>13</b></p> <p><u>9:00 Friday 13<sup>th</sup> Fun</u></p> <p><u>10:00 Exercise</u></p> <p>2:30 Coffee Talk</p> <p>5:30 Penny Ante Game-C</p>	<p><b>14</b></p> <p>10:00 Manicures</p> <p>1:00 Tea Toss Trivia-WF</p> <p>2:30 Coffee Talk</p> <p>5:30 Game Day Story &amp; Discussion</p>
<p><b>15</b></p> <p>10:00 Newspaper Chat</p> <p>2:00 Suncatcher Craft-WF</p> <p>2:30 Coffee Talk</p> <p>5:30 You Be the Judge-WF</p>	<p><b>16</b></p> <p><u>10:00 Arthritis Ex-A</u></p> <p><u>1:00 MLK Day Discussion</u></p> <p>2:30 Coffee Talk</p> <p><u>5:30 Reminiscing with Senses/music</u></p> <p><small>Martin Luther King Jr. Day</small></p>	<p><b>17</b></p> <p><u>9:00 1:1 w/ Sam</u></p> <p>1:00 MC Fitness</p> <p>2:30 Coffee Talk</p> <p><u>3:00 Price Right of the 60's</u></p> <p>5:30 Jenga</p>	<p><b>18</b></p> <p><u>10:00 Cath. Rosary</u></p> <p><u>1:00 Flyswatter Balloon Game</u></p> <p>2:30 Coffee Talk</p> <p><u>3:00 Hand Massages</u></p> <p>5:30 Sing Along</p>	<p><small>(Donna off pm)</small></p> <p><b>19</b></p> <p>10:45 Church</p> <p>2:30 Coffee Talk</p> <p><u>1:00 Chinese New Year Fun</u></p> <p>5:30 Adult coloring/Sensory</p>	<p><b>20</b></p> <p><u>9:00 Jokes</u></p> <p><u>1:00 Ball Drum</u></p> <p>2:30 Coffee Talk</p> <p>5:30 Tile Game/Build Story-C</p>	<p><b>21</b></p> <p>10:00 Manicures</p> <p><b><u>1:00 Piano w/ Dan</u></b></p> <p>2:30 Coffee Talk</p> <p>5:30 What year is it Trivia-WF</p>
<p><b>22</b></p> <p>10:00 Newspaper Chat</p> <p>2:00 Snowball fight &amp; Trivia-C</p> <p>2:30 Coffee Talk</p> <p>5:30 Bingo-C</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p><b>23</b></p> <p><u>10:00 Arthritis Ex-A</u></p> <p><b><u>1:00 Winter Party</u></b></p> <p>2:30 Coffee Talk</p> <p><u>5:30 Rock &amp; Roll Hall of Fame</u></p> <p><small>Activity Professionals Day</small></p>	<p><b>24</b></p> <p><u>9:00 1:1 w/ Sam</u></p> <p>1:00 MC Fitness</p> <p>2:30 Coffee Talk</p> <p><u>3:00 Group Crossword</u></p> <p>5:30 Pictionary</p>	<p><b>25</b></p> <p><u>10:00 Cath. Rosary</u></p> <p><u>1:00 Ball Drum</u></p> <p>2:30 Coffee Talk</p> <p><u>5:30 Picture It</u></p>	<p><b>26</b></p> <p>10:45 Church</p> <p><u>1:00 Fitness</u></p> <p>2:30 Coffee Talk</p> <p><b><u>3:00 Dance Class</u></b></p> <p><u>5:30 Newscurrent</u></p> <p><small>Australia Day (observed)</small></p>	<p><b>27</b></p> <p><u>9:00 This or That</u></p> <p><u>1:00 Exercise</u></p> <p><u>2:30 Happy Hour</u></p> <p>5:30 Grocery Store Bingo-C</p>	<p><b>28</b></p> <p>10:00 Manicures</p> <p>1:00 Dot Doodle Fun Activity-WF</p> <p>2:30 Coffee Talk</p> <p>5:30 Poetry &amp; Discussion</p>
<p><b>29</b></p> <p>10:00 Newspaper Chat</p> <p>2:00 Baking Snow Sandwiches-WF</p> <p>2:30 Coffee Talk</p> <p>5:30 Hangman-winter theme-WF</p>	<p><b>30</b></p> <p><u>10:00 Arthritis Ex-A</u></p> <p><u>1:00 Mandala Craft</u></p> <p><u>*2:00 Reading w/ Donna</u></p> <p>2:30 Coffee Talk</p> <p><u>5:30 Hilarious Headlines of the 60's</u></p>	<p><b>31</b></p> <p><u>9:00 1:1 w/ Sam</u></p> <p>1:00 MC Fitness</p> <p><u>2:00 Movie: West Side Story-T</u></p> <p>2:30 Coffee Talk</p> <p>5:30 Trivia</p>	 <p><i>January 2023</i></p> <p>Eagle Crest MC Calendar</p>			

If you have any questions, please contact Donna Brogan at 608-779-1713 or [dmbrogan@eaglecrestlife.org](mailto:dmbrogan@eaglecrestlife.org)