



RIVERSIDE RECREATION THERAPY INFORMER

December 4th-10th, 2022

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, December 5th:

10:00am- Bible Study with Pastor Linda - RDC

1:30pm- Craft: Beaded Christmas Ornaments! - RDC

Tuesday, December 6th:

10:00am- Chair Yoga with Jane! - RDC

1:15pm- Social! - RDC

1:30pm- BINGO! - RDC

2:30pm- Manicures - RDC

Wednesday, December 7th:

10:00am- 1:1 Visits - Room to room

1:00pm- Harp Music with Shari Sarazin! - FLC

2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room



Thursday, December 8th:

9:30am- Pet Therapy Visits with Nancy and Walley! - Room to room

9:45am- Rosary- FLC

10:00am- Mass - FLC

1:30pm- Craft: Paint Swirl Ornaments! - RDC

Friday, December 9th:

10:00am- Worship Service - FLC

1:30pm- Sugar Plum Cake Social! - RDC

Saturday, December 10th:

1:30pm- Bingo! - RDC

2:30pm- Catholic Communion - RDC

3:15pm- Christmas Carolers - Room to room

****Euchre games will be held on Mon, Wed, and Fri at 2:30pm in the RDC pending there are enough players***

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

MENU- Week 4

Saturday, December 3rd

Lunch: Hungarian Goulash over Egg Noodles, Cauliflower, Lettuce Salad, Banana Cream Pie, Breadstick

Supper: Hot Dog on a Bun, Western Baked Beans, Jell-O Cubes, Tropical Fruit

Sunday, December 4th

Lunch: Glazed Ham, German Potato Salad, Wax Beans, Honey Dew Melon, German Chocolate Cake,
Everything Bread

Supper: Vegetable Beef Soup, Turkey Salad Sandwich, Pineapple, Cookie

Monday, December 5th

Lunch: Baked Chicken, Risotto, Carrots, Pickled Beets, Sour Cream Raisin Pie

Supper: Stuffed Green Peppers, Mandarin Orange Salad, Sherbet, Dinner Roll

Tuesday, December 6th Happy Saint Nicholas Day!

Lunch: Spare Ribs, Dumplings w/Gravy, Saurkraut, Pears, Danish Rice Pudding

Supper: Broccoli Cheese Soup, Ham Salad Sandwich, Strawberry Rhubarb Sauce, Peanut Butter Bar

Wednesday, December 7th

Lunch: Garlic Butter Tenderloins, Baked Potato, Vegetable Blend, Garden Salad, Spumoni

Supper: BBQ on a Bun, Macaroni Salad, Baked Apple Slices, Rice Kripie Bar

Thursday, December 8th

Lunch: Pork Loin, Mashed Potatoes w/Gravy, Scalloped Corn, Pickles, Banana Split Dessert

Supper: Omelet, Hash Browns, Watermelon, Tollhouse Bar

Friday, December 9th

Lunch: Shrimp Scampi, Scalloped Potatoes, Peas, Tomato Slices, Black Forest Cake

Supper: Chicken Dumpling Soup, Cheese Sandwich, Fruit Cocktail, Vanilla Pudding

Lunch

Supper

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| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |