



RIVERSIDE RECREATION THERAPY INFORMER

March 26th - April 1st, 2023

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, March 27th:

No Bible Study Today

1:30pm- Making Spring Decorations! - RDC

3:00pm- Minute to Win It Games - RDC

Tuesday, March 28th:

7:00-9:00am- *Mitchell Special Breakfast*

10:00am- Chair Yoga with Sydney and Alexa! - RDC

1:15pm- Social! - RDC

1:30pm- BINGO! - RDC

2:30pm- Manicures - RDC/Room to room

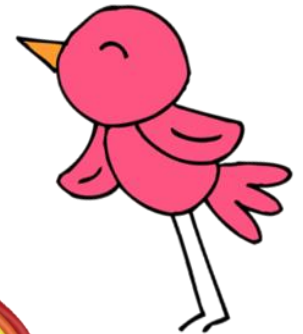
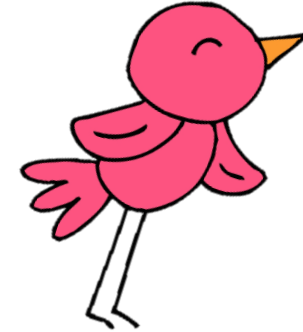
Wednesday, March 29th:

10:00am- 1:1 Visits - Room to room

1:00pm- Harp Music with Shari Sarazin! - FLC

2:30pm- Pet Therapy Visits with Sue and Curly! - Room to room

3:00pm- Playing Family Feud! - RDC



Thursday, March 30th:

9:30am- Pet Therapy Visits with Nancy and Walley! - Room to room

9:45am- Rosary - FLC

10:00am- Mass – FLC

1:30pm- Resident Meeting - RDC

3:00pm- Craft: Sock Bunnies! - RDC

Friday, March 31st:

10:00am- Worship Service - FLC

1:30pm- Easter Craft! - RDC

2:30pm- Spring Social! Join us for some drinks and treats 😊 - RDC

Saturday, April 1st: *April Fool's Day!*

No Bingo Today

2:30pm- Catholic Communion

**Euchre games will be held on Tuesdays and Thursdays at 2:30pm in the RDC pending there are enough players*

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

MENU- Week 2

Saturday, March 25th

Lunch: Hungarian Goulash over Egg Noodles, Cauliflower, Lettuce Salad, Banana Crème Pie, Breadstick

Supper: Hot Dog on a Bun, Western Baked Beans, Jell-O Cubes, Tropical Fruit

Sunday, March 26th

Lunch: Orange Chicken, Fried Rice, Seasoned Green Beans, Pineapple, Ice Cream

Supper: Broccoli Cheese Soup, Ham Sandwich, Strawberries, Cookie

Monday, March 27th

Lunch: Beef Stew, Dumplings, Cottage Cheese, Peach Pie, Fresh Baked Bun

Supper: Chili Dogs, Potato Salad, Honeydew Melon, Banana Bar

Tuesday, March 28th

Lunch: Pork Roast, Mashed Potatoes w/Gravy, Squash, Deviled Eggs, Apple Crisp

Supper: French Toast Sticks w/Maple Syrup, Bacon, Apricots, Fudge Oat Bar

Wednesday, March 29th

Lunch: Roast Turkey, Cheesy Hash Browns, Western Baked Beans, Fruited Jell-O, Pumpkin Dessert

Supper: Pesto Chicken Pasta w/Spinach, Hawaiian Fruit Salad, Caramel Butter Bar, Variety Bread

Thursday, March 30th

Lunch: Salisbury Steak, Boiled Potatoes, Stewed Tomatoes, Marinated Carrot Salad, Strawberry Pie

Supper: BBQ Pork on a Bun, French Fries, Pears, Lemonade Dessert

Friday, March 31st

Lunch: Shrimp Scampi, Sour Cream & Chive Mashed Potatoes, Mixed Veggies, Banana, Sherbet

Supper: Vegetable Beef Barley Soup, Egg Salad Sandwich, Watermelon, Pistachio Pudding

Lunch

Supper

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|------------------------|-------------------|------------------------|-----------------|
| • Dorset Dining | 10:40am - 11:00am | • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 11:05am - 11:20am | • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 11:30am - 11:50am | • Mitchell Dining Room | 5:00pm - 5:20pm |