



RIVERSIDE RECREATION THERAPY INFORMER



November 25th-November 30th, 2024

RDC=Recreation Dining Center
FLC=Faith and Life Center

Monday, November 25th

10:00am- Bible Study with Pastor Linda -FLC

1:30pm- Decorating the RDC Wall Tree for Christmas! -RDC

3:00pm- Game Time: Family Feud! -RDC

Tuesday, November 26th *Mitchell Hall Special Breakfast 7:00-9:00am*

10:00am- Chair Yoga with Jane! -RDC

1:30pm- Bingo! -RDC

2:30pm- Manicures -RDC and Room to Room

Wednesday, November 27th

10:00am- Thanksgiving Eve Worship Service with Pastor Linda -FLC

1:30pm- Monthly Birthday Party! -RDC *Join us in celebrating Riverside's November birthdays!*

2:30pm- Pet Therapy Visits with Sue and Curly! -Room to Room

3:00pm- Card Game: 31 -RDC



Thursday, November 28th

Happy Thanksgiving!

No Rec Therapy Programs Today

Friday, November 29th

10:00am- Hot Chocolate & Trivia! -RDC

1:30pm- The Price Is Right: Black Friday Edition! -RDC

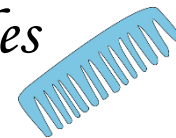
Saturday, November 30th

No Bingo Today



Beauty Shop: *Timeless Styles*

Open on Wednesdays



Call Erin at 608-406-3955 to make an appointment! ☺

Did you Know We Offer?

- Books on Tape
- Crossword Puzzle Books
- Word Search Books
- Greeting/Holiday Cards
- 2 Book Shelves stocked by the La Crosse Public Library- no need to “check-out” these books, just take and read!
- Movies on VHS or DVD-if you are looking for something special, ask Rec. Therapy and we’ll let you know if we have it
- TONS of Craft Supplies (yarn, scrapbook paper, markers, glue, scissors, etc.)
- Need a Manicure? Let us know!
- Pianos in the Rec. Dining Center & Mitchell Lounge-Sit down & Play! We have song books
- Pianos on each Light House Unit
- Recreation Therapy Programs offered 6 days a week!

All of these services are offered *free* of charge!

All programs are subject to change

LUNCH/SUPPER MENU SUBSTITUTION LIST

Any requests given to the kitchen after 9:30 am for lunch or after 3:00 pm for supper may potentially be served last. The earlier the kitchen knows, the more accommodating they can be – ext. 63932

Fried Egg Sandwich
Grilled Cheese Sandwich
Boneless Chicken Breast
Hamburger on a Bun
Hot Dog on a Bun
Cold Cheese Sandwich
Peanut Butter & Jelly Sandwich
Poached, Fried, Hard Boiled or Scrambled Egg
Varied Meat or Meat Salad Sandwich
Soups – Tomato, Chicken Noodle, Broth
Chef's Salad
Chicken Caesar Salad
Baked Potato with toppings

MENU- Week 3

Saturday, November 23rd

Lunch: Meatballs, Cheesy Hash Browns, Baked Beans, Pears, Applesauce Spice Cake

Supper: Turkey Dumpling Soup, Bologna Salad Sandwich, Honey Dew Melon, Cookie

Sunday, November 24th

Lunch: Beef Roast, Mashed Potatoes w/Gravy, Rutabagas, Cucumbers, Pineapple Upside Down Cake

Supper: Scalloped Potatoes w/Ham, Mixed Veggies, Mandarin Oranges, Ice Cream

Monday, November 25th

Lunch: Pork Chop Suey over Rice, Green Beans, Raspberry Applesauce Salad, Baked Custard

Supper: Tomato Soup, Grilled Cheese Sandwich, Pineapple, Seven Layer Bar

Tuesday, November 26th

Lunch: Baked Chicken, Zucchini Bake, Squash, Grapes, Lemon Poppyseed Cake

Supper: French Toast Sticks w/Maple Syrup, Bacon, Banana Pistachio Dessert

Wednesday, November 27th

Lunch: Hamburger Steak, Boiled Potatoes w/Milk Gravy, Peas, Fruit Cocktail, Marshmallow Dessert

Supper: Potato Chowder, Tuna Salad Sandwich, Peach Half w/Cottage Cheese, Macaroon Brownie

Thursday, November 28th Happy Thanksgiving!

Lunch: Roast Turkey, Dressing and Mashed Potatoes w/Gravy, Green Beans, Cranberry Sauce, Dinner Rolls,
Pumpkin and Pecan Pie

Supper: BBQ Pork on a Bun, Potato Chips, Pickles, Pears, Scotcheroos

Friday, November 29th

Lunch: Batter Fried Fish, Potato Wedges, Stewed Tomatoes, Chinese Veggie Salad, Tapioca Pudding

Supper: Split Pea Soup, Egg Salad Sandwich, Cantaloupe, Toffee Poke Cake

Lunch

- | | |
|------------------------|-------------------|
| • Dorset Dining | 10:40am - 11:00am |
| • Mitchell Room Trays | 11:05am - 11:20am |
| • Mitchell Dining Room | 11:30am - 11:50am |

Supper

- | | |
|------------------------|-----------------|
| • Dorset Dining Room | 4:00pm - 4:20pm |
| • Mitchell Room Trays | 4:25pm - 4:50pm |
| • Mitchell Dining Room | 5:00pm - 5:20pm |